

# English Madhyam

(Weekly vocabulary compilation)

From 18 Sep 2023 to 23 Sep 2023

## For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC,  
B. Ed and other competitive exams.



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# Part - A

**Indian Express Editorial: Alien fossils: Life as you don't know it (18 SEP 2023)**

1. **Fossil** (noun) – the shape of a bone, a shell, or a plant or animal that has been preserved in rock for a very long period
2. **Narcissism** (noun) – the habit of admiring yourself too much, especially your appearance स्वयं की अत्यधिक प्रशंसा करने का स्वभाव
3. **Of the kind** (phrase) – like or similar to what has been said इस तरह का
4. **Insist** (verb) – maintain, assert, hold, contend, argue दृढता से कहना
5. **Evolution** (noun) – development, progression, transformation, adaptation, growth विकास
6. **Extra-terrestrial** (adjective) – otherworldly, off-Earth, non-Earthly, cosmic, alien अंतरिक्षीय
7. **Fantasy** (noun) – imagination, dream, illusion, fancy, daydream कल्पना
8. **Myth** (noun) – legend, fable, saga, folktale, lore कल्पित कथा
9. **Archetype** (noun) – the most typical example of a particular kind of person or thing मूल प्रतिरूप
10. **Demon** (noun) – devil, fiend, evil spirit, fallen angel दानव
11. **Fairy** (noun) – sprite, pixie, nymph, elf परी
12. **Fossilised** (adjective) – petrified, ossified, hardened, preserved जीवाश्मिकृत
13. **Corpse** (noun) – body, carcass, cadaver, remains शव
14. **Mummified** (adjective) – preserved, embalmed, dried up ममीबनाया हुआ
15. **Remain** (noun) – residue, remnants, leftovers, traces पार्थिव अवशेष
16. **Cliché** (noun) – platitude, banality, truism, stereotype घिसी-पिटी उक्ति
17. **Elongated** (adjective) – stretched, lengthened, extended, expanded लंबि
18. **Claim** (noun) – assertion, declaration, allegation, contention दावा
19. **Justifiably** (adverb) – rightfully, legitimately, validly, warrantedly उचित रूप से
20. **Take with a pinch of salt** (phrase) – be skeptical, doubt, distrust, be wary of शंका से देखना
21. **Turn out to be** (phrase) – prove to be, be found to be, be revealed to be साबित होना
22. **Renewed** (adjective) – restored, revitalized, rekindled, rejuvenated नवीनीकृत
23. **Testify** (verb) – bear witness, give evidence, attest, affirm साक्ष्य देना

24. **Assert** (verb) – declare, state, profess, affirm जोर देना
25. **Possess** (verb) – own, have, hold, be the owner of पाना
26. **Outline** (verb) – delineate, sketch, draft, trace, depict रूपरेखा तैयार करना
27. **Veracity** (noun) – truthfulness, accuracy, reliability, credibility, authenticity सत्यता
28. **Notwithstanding** (preposition) – despite, in spite of, although, even though, regardless of फिर भी
29. **Given** (preposition) – considering, taking into account, bearing in mind, assuming देखते हुए
30. **Conception** (noun) – understanding, notion, perception, view, idea धारणा
31. **Often** (adverb) – frequently, regularly, commonly, usually, habitually अक्सर
32. **Resemble** (verb) – look like, be similar to, mimic, echo, mirror समान दिखना
33. **Bipedal** (adjective) – Definition: relating to or involving the use of two legs for walking दो पैरों पर चलने वाला
34. **Reptile** (noun) – cold-blooded vertebrate, snake, lizard, crocodile सरीसृप
35. **Existence** (noun) – presence, being, subsistence, actuality, reality अस्तित्व
36. **Naval-grazing** (adjective) – spending too much time considering your own thoughts, feelings, or problems अपने बारे में अत्यधिक सोचना

### The Hindu Editorial: Testing time (19 SEP 2023)

1. **Testing times** (noun) – a challenging or difficult time कठिन समय
2. **Worrisome** (adjective) – Troubling, distressing, worrying, bothersome, unsettling. चिंताजनक
3. **Shrink** (verb) – Contract, reduce, diminish, dwindle, lessen. कमी होना
4. **Consecutive** (adjective) – Successive, sequential, following, uninterrupted, back-to-back. क्रमिक
5. **Surge** (verb) – Rise, escalate, swell, increase, boost. वृद्धि होना
6. **Hit** (verb) – Reach, attain, achieve, arrive at, meet. पहुंचना
7. **Inbound shipment** (noun) – Import goods
8. **Lead** (to) (verb) – Result in, cause, bring about, produce, engender, give rise to वजह बनना
9. **Trade deficit** (noun) – a situation in which the value of goods a country imports is greater than the value of goods it exports व्यापार घाटा
10. **So far** (phrase) – Until now, up to this point, hitherto, as yet. अब तक
11. **Extrapolation** (noun) – Projection, prediction, forecast, estimation. अनुमान
12. **Resilient** (adjective) – Robust, durable, tough, hardy, adaptable. मजबूत
13. **Turmoil** (noun) – Confusion, chaos, disorder, upheaval, tumult. अशांति/खलबली
14. **Feel the heat** (phrase) – Experience pressure, face the challenge, be under stress. दबाव महसूस करना
15. **Minor** (adjective) – Lesser, smaller, secondary, insignificant, trivial. मामूली
16. **Intangible import** (noun) – the exchange of services, ideas, knowledge, or other non-physical assets across international borders.
17. **Exacerbate** (verb) – Worsen, intensify, aggravate, amplify, escalate. बढ़ाना/बिगाड़ देना
18. **Imply** (verb) – Indicate, suggest, hint, insinuate, infer. सूचित करना
19. **Bridge** (verb) – to reduce or lessen the gap/deficit कम करना
20. **Current account deficit** (noun) – A measurement of a country's trade in which the value of goods and services it imports exceeds the value of the products it exports.
21. **Escalate** (verb) – Increase, amplify, magnify, heighten, intensify. बढ़ना
22. **Outgoing shipment** (noun) – Export goods
23. **Fuel** (verb) – Power, drive, energize, stimulate, provoke. प्रेरित करना

24. **Elevated** (adjective) – Raised, heightened, increased, escalated बढ़ा हुआ
25. **Owing to** (phrase) – Because of, due to, on account of, as a result of. के कारण
26. **Omen** (noun) – Sign, portent, harbinger, presage, prognostication. संकेत
27. **Amid** (preposition) – Among, amidst, between, amongst, in the midst of. के बीच में
28. **Gloom** (noun) – Despondency, melancholy, sadness, misery, sorrow. उदासी/ निराशा
29. **Tally** (noun) – Count, total, record, account, score. गिनती
30. **A double-edged sword** (phrase) – Something having both positive and negative consequences. दोधारी तलवार
31. **Strategic** (adjective) – Tactical, calculated, deliberate, planned, scheming. रणनीतिक
32. **Gambit** (noun) – Maneuver, strategy, ploy, scheme, tactic. चाल
33. **Lucrative** (adjective) – Profitable, gainful, remunerative, moneymaking, fruitful. लाभकारी
34. **Moreover** (adverb) – Furthermore, in addition, also, additionally, besides. इसके अतिरिक्त
35. **Sticky** (adjective) – long-lasting or persistent. दीर्घ काल तक रहना
36. **Dampen** (verb) – Reduce, diminish, check, dull, inhibit, stifle, damp down कम करना
37. **Dent** (verb) – Reduce, diminish, lessen, undermine, Depress कम करना
38. **Festive demand** (noun) – Requirement during celebration times. त्योहारी मांग
39. **Lift** (verb) – Raise, elevate, uplift, hoist, boost. बढ़ाना
40. **Order book** (noun) – A record of orders received by a business.
41. **Engineering goods** (noun) – Manufactured products of engineering.
42. **Account for** (phrasal verb) – Constitute, represent, comprise, make up, form के लिये उत्तरदायी होना
43. **Clock** (verb) – Register, record, note, log, measure. दर्ज करना
44. **Uptick** (noun) – Increase, rise, growth, boost, surge. वृद्धि
45. **Nurture** (verb) – Encourage, support, develop, foster, cultivate. प्रोत्साहन देना
46. **Precious** (adjective) – Valuable, costly, dear, prized, cherished. मूल्यवान  
**Green shoots** (noun) – Early signs of recovery or positive growth. अर्थव्यवस्था में सुधार के संकेत

### Indian Express Editorial: Raising the game (20 SEP 2023)

1. **Raise the game** (phrase) – to make an effort to improve the way that you do something अपना प्रदर्शन सुधारना
2. **Victorious** (adjective) – Winning, triumphant, champion, prizewinning, successful विजयी
3. **Understate** (verb) – Downplay, minimize, belittle, play down, de-emphasize कम आंकना
4. **Revealing** (adjective) – Disclosing, unveiling, unmasking, telling, informative प्रकट करनेवाला
5. **Soundbite** (noun) – a short extract from a recorded interview or speech, chosen for its succinctness or concision.
6. **Potential** (noun) – Capability, possibility, promise, potentiality, prospect क्षमता
7. **Squad** (noun) – Team, group, crew, unit, brigade दल
8. **Tear-drop-shaped island** (noun) – a description to signify the shape of an island resembling a teardrop.
9. **Imbalance** (noun) – Disparity, inequality, unevenness, disproportion, variance असंतुलन
10. **Pitfall** (noun) – Hazard, danger, risk, snare, trap जोखिम
11. **Breathing space** (noun) – an opportunity to pause, relax, or decide what to do next.
12. **Rethink** (noun) – Reconsideration, revision, re-evaluation, review, reassessment पुनर्विचार
13. **All-boxes-checked** (adjective) – meeting or fulfilling all requirements or criteria.
14. **Rejigged** (adjective) – Rearranged, altered, changed, modified, adjusted पुनर्व्यवस्थित
15. **Hold up** (phrasal verb) – Support, uphold, sustain, maintain, bear बना रहना
16. **Hold one's nerve** (phrase) – to remain calm and confident in a stressful situation.
17. **Pull off** (phrasal verb) – Achieve, accomplish, succeed in: to manage to do something difficult सफल होना
18. **Seamer** (noun) – In the context of cricket, a bowler who specializes in bowling deliveries that seam or swing. क्रिकेट में गेंदबाज
19. **Retain** (verb) – Keep, preserve, maintain, hold on to, keep possession of रखना
20. **Layoff** (noun) – Dismissal, redundancy, unemployment, joblessness नौकरी से निकालना
21. **Wander** (verb) – Roam, drift, meander, stray, travel aimlessly भटकना
22. **Realm** (noun) – Kingdom, domain, territory, province, region दायरा
23. **Disabuse** (verb) – persuade (someone) that an idea or belief is mistaken. (किसी को) यह विश्वास दिलाना कि कोई विचार या विश्वास गलत है।
24. **Notion** (noun) – Idea, belief, concept, perception, view धारणा



25. **Complacency** (noun) – Self-satisfaction, smugness, self-congratulation, self-regard  
आत्मसंतोष
26. **March** (on) (verb) – Advance, proceed, move forward, progress, push forward  
प्रस्थान करना
27. **Arm** (with) (verb) – Equip, furnish with, provide, supply with, endow with सज्जित करना
28. **Ambition** (noun) – Aspiration, desire, goal, aim, objective महत्वाकांक्षा
29. **Bazball** (noun) – Bazball is an informal term first coined by sport journalists and bloggers during the 2022 English cricket season referring to the style of play of the England cricket team in Test matches.
30. **Rollicking** (adjective) – Exuberant, lively, spirited, boisterous, buoyant उत्साहपूर्ण
31. **Elite** (adjective) – Superior, best, top, premier, prime उत्कृष्ट
32. **Cope with** (phrasal verb) – Deal with, manage, handle, contend with, grapple with सामना करना
33. **Frontline** (adjective) – Primary, main, leading, foremost, principal प्रमुख
34. **Hiccup** (noun) – a small problem or difficulty छोटी-मोटी समस्या या कठिनाई
35. **Thoroughly** (adverb) – Completely, fully, entirely, totally, utterly पूरी तरह से

### The Hindu Editorial: Serious allegations (21 SEP 2023)

1. **Allegation** (noun) – charge, accusation, claim, assertion आरोप
2. **Stare** (at) (verb) – looked at, gaze, watch, gawk, gape देखना/घूरना
3. **Downturn** (noun) – Decrease, decline, reduction, slump, drop पतन
4. **Ties** (noun) – connection, relations, link, bond, association संबंध
5. **Startling** (adjective) – Surprising, astonishing, astounding, staggering, shocking चौंका देने वाला
6. **Tie** (to) (verb) – Bind, fasten, secure, attach, knot, join से जोड़ना
7. **Mark** (verb) – Indicate, signify, denote, point out, show सूचित करना
8. **Unravelling** (adjective) – Unfolding, coming apart, disintegrating, disentangling अलग हो रहा
9. **Accusation** (noun) – Allegation, charge, claim, indictment आरोप
10. **Bilateral** (adjective) – Two-sided, mutual, reciprocal द्विपक्षीय
11. **Set off** (phrasal verb) – Trigger, initiate, begin, start प्रारंभ करना
12. **A chain of events** (phrase) – Sequence of incidents, succession of happenings, series of developments घटनाओं की श्रृंखला
13. **Expel** (verb) – Oust, remove, dismiss, eject निकालना
14. **Diplomat** (noun) – Envoy, ambassador, representative राजदूत
15. **Summon** (verb) – Call, order, command, instruct बुलाना
16. **Accuse** (of) (verb) – Charge with, indict for, blame for आरोप लगाना
17. **Scrutiny** (noun) – Examination, inspection, investigation, analysis जांच
18. **Violation** (noun) – Breach, infringement, contravention उल्लंघन
19. **Sovereignty** (noun) – Autonomy, independence, self-governance, authority सम्प्रभुता
20. **Invoke** (verb) – cite, refer to, bring forth, turn to, resort to आह्वान करना
21. **Confrontation** (noun) – iscord, dissension, clash, conflict, disagreement, altercation टकराव
22. **Given** (preposition) – Considering, taking into account, bearing in mind देखते हुए
23. **Rival** (noun) – Competitor, opponent, adversary विरोधी
24. **Remark** (noun) – Comment, statement, observation टिप्पणी
25. **Critical of** (phrase) – Disapproving of, condemning, censuring आलोचना करते हुए
26. **Chill** (noun) – Unfriendliness, lack of understanding, lack of sympathy, lack of warmth अमित्रता

27. **Outlast** (verb) – Survive, live longer than, outlive से अधिक समय तक रहना
28. **Vote out** (phrasal verb) – Oust from position through a vote वोट द्वारा बाहर करना
29. **Unlike** (preposition) – In contrast to, as opposed to विपरीत
30. **NATO** (noun) – The North Atlantic Treaty Organization, an intergovernmental military alliance between North American and European countries. उत्तर अटलांटिक संधि संगठन
31. **Alliance** (noun) – Coalition, confederation, federation, union, pact संघटन/ संधि
32. **Rupture** (noun) – Disagreement, separation, estrangement, breach, rift, breakup संबंध विच्छेद, अलगाव
33. **Fraught** (adjective) – tense, anxious, charged, stressed खराब/ तनावपूर्ण
34. **Cold** (adjective) – Unemotional, impassive, unresponsive, reserved, indifferent उदासीन
35. **Reflection** (noun) – Contemplation, deliberation, meditation, musing, pondering चिंतन/ सोच- विचार
36. **Admit** (verb) – Confess, acknowledge, concede, accept स्वीकार करना
37. **Assertion** (noun) – Claim, declaration, statement, contention, affirmation दावा
38. **Safe haven** (noun) – A place of safety or refuge; a shelter सुरक्षित शरण स्थल
39. **Separatist** (adjective) – Relating to people or groups wanting to form a separate independent state or organization अलगाववादी
40. **Interpol** (noun) – An international criminal police organization that facilitates worldwide police cooperation
41. **Red corner notice** (noun) – An international request to locate and provisionally arrest an individual pending extradition or similar legal action
42. **Hail** (verb) – Acclaim, praise, commend, applaud, salute प्रशंसा करना
43. **Decade** (noun) – A period of ten years दशक
44. **Mistrust** (noun) – Distrust, suspicion, doubt, skepticism, disbelief संदेह
45. **Brush aside** (phrasal verb) – Dismiss, reject, disregard, ignore, overlook नकारना
46. **Reset** (noun) – A process or instance of setting, adjusting, or fixing something in a new or different way पुनर्स्थापन
47. **Free trade** (noun) – A policy by which a government does not discriminate against imports or interfere with exports by applying tariffs or subsidies
48. **Acrimonious** (adjective) – Bitter, rancorous, caustic, resentful, hostile कटु
49. **On the sidelines of** (phrase) – not actively involved; observing rather than taking part के मौके पर
50. **Niceties** (noun) – Details, subtleties, nuances, refinements, particulars बारीकियाँ

### The Hindu Editorial: Legislating change (22 SEP 2023)

1. **Decade** (noun) – A period of 10 years दशक
2. **Table** (verb) – Present, submit, introduce, offer, propose, प्रस्तुत करना
3. **Shatter** (verb) – Break, fracture, splinter, crush, smash, टूटना
4. **Glass ceiling** (noun) – An unofficially acknowledged barrier to advancement in a profession, especially affecting women and members of minorities, आभासी सीमा
5. **Stark** (adjective) – Clear-cut, pronounced, evident, glaring, अधिक स्पष्ट
6. **Amendment** (noun) – Modification, change, alteration, revision, संशोधन
7. **Seek** (verb) – try, attempt, endeavour, strive प्रयास करना
8. **Amend** (verb) – Modify, alter, change, adjust, संशोधन करना
9. **Sunset clause** (noun) – A provision in a law or regulation that automatically terminates or repeals the law or regulation after a specified period unless it's explicitly renewed, समय-सीमित प्रावधान
10. **Considering** (preposition) – Taking into account, given that, in view of, ध्यान में रखते हुए
11. **Fraught** (adjective) – tense, anxious, charged, stressed खराब/ तनावपूर्ण
12. **Laudatory** (adjective) – Praiseworthy, commendatory, admiring, प्रशंसात्मक
13. **Tie** (to) (verb) – Bind, link, attach, connect, जोड़ना
14. **Delimitation** (noun) – The process of fixing limits or boundaries of territorial constituencies in a country, सीमा निर्धारण
15. **Census** (noun) – Population count, population survey, head count, जनगणना
16. **Therein lies the rub** (phrase) – That's the main problem or difficulty, वही मुख्य समस्या है
17. **Mandate** (noun) – Order, command, instruction, directive, आदेश
18. **Set aside** (phrasal verb) – Reserve, earmark, allocate, अलग रखना
19. **Ruse** (noun) – Trick, stratagem, tactic, छल
20. **In the meantime** (phrase) – Meanwhile, in the interim, इस दौरान
21. **Fine tune** (phrase) – making small adjustments to (something) in order to achieve the best or a desired performance.
22. **Mere** (adjective) – Sheer, pure, simple, केवल
23. **Tokenism** (noun) – The practice of making only a perfunctory or symbolic effort to do something, especially by recruiting a small number of people from underrepresented groups in order to give the appearance of equality, प्रतीकात्मकता
24. **Imbibe** (verb) – Absorb or assimilate (ideas or knowledge) विचार आत्मसात करना

25. **Grassroots** (noun) – The basic or fundamental level, base, जनता का समूह
26. **All sorts of** (phrase) – Various types of, different kinds of, numerous, a range of, assorted, मौजूद हर प्रकार का
27. **Patriarchal** (adjective) – Male-dominated, fatherly, androcentric, patrilineal, पितृसत्तात्मक
28. **Make a difference** (phrase) – Have an impact, bring about change, effect change, matter, अंतर पैदा करना
29. **Counts** (noun) – Considerations, aspects, factors, points, पहलू
30. **Fall** (verb) – to become lower or less कम होना, घटना
31. **At the outset** (phrase) – In the beginning, initially, at the start, firstly, प्रारंभ में
32. **Falter** (verb) – Hesitate, waver, stumble, be unsure, हिचकिचाना
33. **Institute** (verb) – Establish, set up, start, initiate, आरंभ करना
34. **Have one's say** (phrase) – Express one's opinion, voice one's thoughts, get a word in, speak out, अपनी राय रखना

### The Hindu Editorial: Silent killer (23 SEP 2023)

1. **Hypertension** (noun) – High Blood Pressure, उच्च रक्तचाप
2. **Grim** (adjective) – Bleak, Dire, Dismal, Ghastly, Harsh, भयंकर, विकट
3. **Inexpensive** (adjective) – Cheap, Affordable, Low-cost, Economical, Reasonable, सस्ता
4. **Cardiovascular disease** (noun) – A class of diseases that involve the heart or blood vessels, such as coronary artery disease, heart failure, valvular heart disease, etc. हृदय रोग
5. **Stroke** (noun) – Paralysis, Seizure, लकवा
6. **Associated** (with) (adjective) – Connected, Related, Linked, संबंधित
7. **Continuum** (noun) – A continuous sequence in which adjacent elements are not perceptibly different from each other, although the extremes are quite distinct. अबाध क्रम, सतति
8. **Classify** (verb) – Categorize, Sort, Arrange, वर्गीकृत करना
9. **Obese** (adjective) – Overweight, Fat, Corpulent, अत्यधिक मोटा
10. **Underestimate** (verb) – Undervalue, Underrate, Disregard, कम समझना
11. **Cumulative** (adjective) – Combined, Aggregate, Total, संचयी
12. **Rely** (on) (verb) – Depend (on), Count (on), Trust (in), निर्भर करना
13. **Diagnose** (verb) – Identify, Detect, Find, रोग का पता लगाना
14. **Meagre** (adjective) – Scanty, Sparse, Limited, थोड़ा
15. **Marginally** (adverb) – Slightly, Somewhat, थोड़ा सा
16. **Sketchy** (adjective) – Incomplete, Rudimentary, Imperfect, अधूरा
17. **Incidence** (noun) – Occurrence, Frequency, Rate, घटनावृत्ति
18. **Fatality** (noun) – Death, Casualty, Mortality, मौत
19. **Intake** (noun) – Consumption, Ingestion, Input, सेवन
20. **Cut down** (phrasal verb) – Reduce, Decrease, Lessen, कम करना
21. **Label** (verb) – Tag, Mark, Designate, चिह्नित करना
22. **Reformulation** (noun) – The process of changing, altering, or amending the composition or structure of something. पुनर्निर्माण
23. **Undertake** (verb) – Embark on, Take on, Commit to, करना
24. **Novel** (adjective) – New, Original, Innovative, नया
25. **Enroll** (verb) – Register, Sign up, Join, भर्ती करना
26. **Hypertensive** (adjective) – Relating to or affected by hypertension. उच्च रक्तचाप संबंधित