# **English Madhyam**

(Weekly vocabulary compilation)

From 13 May 2024 to 18 MAY 2024

## For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC, B. Ed and other competitive exams.



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Contact No: 7722987077

Email id: Support@englishmadhyam.in

**Telegram**: English Madhyam

Website: www.englishmadhyam.info

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## The Tribune Editorial: India's remittances (13/05/2024)

- 1. **Clock** (verb) Record, measure, log, track, register दर्ज करना
- 2. **Remittance** (noun) Transfer, payment, transmission, sending, dispatch प्रेषण
- Firmly (adverb) Securely, solidly, strongly, sturdily, steadfastly मजबूती से
- 4. **Established** (adjective) Set up, founded, instituted, created, organized **स्थापित**
- 5. Accomplishment (noun) Achievement, success, feat, attainment, realization उपलब्धि
- 6. **Underscore** (verb) Emphasize, highlight, underline, stress, accentuate जोर देना
- Highlight (verb) Emphasize, accentuate, spotlight, feature, stress प्रम्खता से दिखाना
- Sustain (verb) Maintain, support, uphold, continue, preserve बनाए रखना
- 9. **Economies** (noun) Countries in terms of GDP अर्थव्यवस्थाएं
- 10. **Steady** (adjective) Stable, constant, unchanging, firm, even स्थिर
- 11. **Ascent** (on) (noun) Climb, rise, elevation, increase, advancement वृद्धि
- 12. **On this score** (phrase) so far as a particular thing is concerned. जहां तक किसी खास चीज का सवाल है

- 13. **Reflect** (verb) Mirror, indicate, show, demonstrate, express दिखाना
- 14. **Enduring** (adjective) Lasting, durable, persistent, long-standing, permanent टिकाऊ
- 15. **Ties** (noun) Bonds, connections, links, relationships, associations संबंध
- 16. **Expatriate** (noun) Emigrant, exile, migrant, non-resident, overseas resident प्रवासी
- 17. **Imperative** (adjective) Crucial, essential, necessary, urgent, mandatory अनिवार्य
- 18. **Exploitation** (noun) Abuse, misuse, manipulation, utilization, taking advantage शोषण
- 19. **Debt** (noun) Liability, obligation, financial burden, dues, deficit कर्ज
- 20. **Xenophobia** (noun) the fear or dislike of anything which is perceived as being foreign or strange. विदेशी लोगों को न पसन्द करना
- 21. **Plague** (verb) Afflict, torment, trouble, harass, beset सताना
- 22. **Reside** (verb) Live, dwell, inhabit, occupy, stay निवास करना
- 23. **Persist** (verb) Continue, endure, remain, keep up, persevere बने रहना
- 24. **Exacerbate** (verb) Worsen, aggravate, intensify, amplify, heighten बिगड़ना

#### May 19, 2024 **[ENGLISH MADHYAM]**

- 25. **Vulnerability** (noun) Susceptibility, risk, exposure, weakness, sensitivity संवेदनशीलता
- 26. **Informal sector** (noun) the part of any economy that is neither taxed nor monitored by any form of government. अनोपचारिक क्षेत्र
- 27. Wage theft (noun) It occurs when employers do not pay workers according to the law
- 28. **Social security** (noun) Welfare, benefits, social insurance, public assistance, social safety net सामाजिक सुरक्षा
- 29. **Plunge** (verb) Dive, drop, fall, descend, plummet गिरना
- 30. **Phenomenon** (noun) Occurrence, event, fact, circumstance, situation **घट**ना
- 31. **Signal** (verb) Indicate, signify, denote, suggest, point to संकेत देना
- 32. **Dynamics** (noun) the forces or properties which stimulate growth, development, or change within a system or process. गतिकी
- 33. **Reliant** (on) (adjective) Dependent, reliant, conditional, contingent, reliant पर निर्भर

- 34. **Mobility** (noun) Movement, motion, ability to move, travel, transportability गतिशीलता
- 35. **Landscape** (noun) Scenery, terrain, environment, setting, vista परिदृश्य
- 36. **Necessitate** (verb) Require, demand, call for, entail, make necessary आवश्यक बनाना
- 37. **Concerted** (adjective) Coordinated, joint, collective, combined, unified संयुक्त
- 38. **Wellbeing** (noun) Welfare, health, happiness, prosperity, well-being कल्याण
- 39. **Address** (verb) Tackle, handle, confront, deal with, attend to सुलझाना, निपटाना
- 40. **Orderly** (adverb) Systematically, neatly, organizedly, methodically, tidily व्यवस्थित रूप से
- 41. **Sustainable** (adjective) Viable, maintainable, eco-friendly, long-lasting, renewable टिकाऊ
- 42. **Inclusive** (adjective) Comprehensive, all-embracing, broad, wide-ranging, extensive समावेशी

### The Indian Express Editorial: Keeping children safe online (14/05/2024)

- 1. Integrate (into) (verb) Combine, merge, incorporate, amalgamate, blend एकीकृत करना
- 2. **Aspect** (noun) Facet, feature, dimension, element, angle पहल्
- 3. Vulnerable (adjective) Susceptible, exposed, sensitive, defenseless, at risk संवेदनशील
- 4. Lay behind (phrasal verb) Be the cause of, underpin, form the basis of, be the reason for, account for कारण बनना
- 5. **Observation** (noun) Remark, comment, opinion, thought, reflection टिप्पणी
- 6. Bench (noun) In a legal context, it refers to the judge or judges collectively in a courtroom. न्यायिक पीठ
- 7. Minor (noun) Juvenile, youngster, adolescent, child, youth नाबालिग
- 8. **Invoke** (verb) to use a law in order to achieve something नियम, क़ान्न आदि प्रयोग करना
- 9. (be) **Equipped** (with) (adjective) Furnished, provided, supplied, outfitted, armed से स्सज्जित होना
- 10. Navigate (verb) Maneuver, steer, pilot, direct, guide मार्गदर्शन करना
- 11. Potential (adjective) Possible, latent, prospective, likely, imminent संभावित

- 12. Lurk (in) (verb) Hide, skulk, lie in wait, prowl, sneak छिपना
- 13. Cyberspace (noun) Digital space, virtual environment, internet, online world ਤਿजਿਟਕ जगत
- 14. Decade (noun) Period of ten year दशक
- 15. **Public domain** (noun) an area of interest where information, products, etc. are available to everyone to see or use सार्वजनिक क्षेत्र
- 16. **Keep pace with (phrase)** Match, keep up with, stay aligned with, stay on par with, synchronize with के साथ तालमेल रखना
- 17. Evolution (noun) Development, progression, growth, advancement, unfolding विकास
- 18. **Complicate** (verb) Make difficult, confuse, entangle, convolute, complexify जटिल करना
- 19. **So-called** (adjective) Supposedly, named as, claimed to be, purportedly, allegedly कथित
- 20. Native (noun) Local, indigenous person, original inhabitant, native person स्थानीय
- 21. Safeguard (noun) Protection, defense, security, precaution, shield स्रक्षा
- 22. Put something in place (phrase) Establish, set up, implement, install, arrange स्थापित करना

- 23. **Analog** (adjective) not involving or relating to the use of computer technology, as a contrast to a digital counterpart
- 24. Pervasiveness (noun) Ubiquity, omnipresence, widespread nature, prevalence सर्वव्यापकता
- 25. Abuse (noun) Maltreatment, mistreatment, harm, exploitation, cruelty दुर्व्यवहार
- 26. Cyberbullying (noun) Online harassment, internet bullying, digital abuse, cyber harassment ऑनलाइन धमकी
- 27. Existing (adjective) Current, present, established, existing, extant मौजूदा
- 28. Mandate (verb) Make mandatory अनिवार्य करना
- 29. **Consent** (noun) Permission, agreement, approval, assent, acquiescence सहमति
- 30. Address (verb) Deal with, tackle, attend to, handle, manage स्लझाना, निपटाना
- 31. Legislation (noun) Lawmaking, laws, statutes, regulations, acts कान्न

- 32. Thanks to (phrase) Because of, owing to, due to, as a result of के कारण
- Dynamic (adjective) Changing, active, energetic, forceful, vigorous गतिशील
- 34. Take into account (phrase) Consider, include, factor in, regard, account for ध्यान मे रखना
- Predatory (adjective) Exploitative, predacious, rapacious, aggressive, hunting शिकारी
- 36. Rely (on) (verb) Depend on, trust in, count on, bank on, lean on निर्भर करना
- 37. Socialise (verb) Interact, mingle, mix, associate, fraternize सामाजिकरण करना
- Counterproductive (adjective) Hindering, detrimental, harmful, obstructive, adverse प्रतिकुल
- 39. Considering (preposition) Taking into account, in view of, given, with regard to ध्यान में रखते हए
- 40. Call for (phrasal verb) Demand, require, need, necessitate, entail मांग करना

#### The Tribune Editorial: Decoding food labels (15/05/2024)

- Decode (verb) decipher, interpret, translate, unravel, explain विश्लेषण करना
- 2. **At face value** (phrase) accept superficially, take as it appears, assume, accept without questioning, believe बिना जांचे
- Flag (verb) highlight, signal, indicate, mark, bring attention to संकेत करना
- 4. **Misleading** (adjective) deceptive, false, confusing, ambiguous, deluding 知刊布
- Adversely (adverb) negatively, unfavorably, harmfully, detrimentally, disadvantageously प्रतिकूल रूप से
- 6. **Dietary** (adjective) nutritional, alimentary, dietary-related, food-related, eating-related आहार संबंधी
- Point out (phrasal verb) indicate, mention, highlight, draw attention to, note दिखाना
- 8. **Deceptive** (adjective) misleading, false, illusory, deceitful, ambiguous भ्रामक
- 9. **Boon** (noun) blessing, benefit, advantage, godsend, plus वरदान
- 10. **Alter** (verb) change, modify, adjust, transform, revise बदलना
- 11. **Meagre** (adjective) scanty, insufficient, sparse, minimal, inadequate मामूली
- 12. **Additive** (noun) supplement, preservative, enhancer, ingredient, adjunct खाद्य पदार्थों में मिलाया जाने वाला पदार्थ

- 13. **Underscore** (verb) emphasize, highlight, underline, stress, accentuate जोर देना
- 14. **Scrutinise** (verb) examine, inspect, review, analyze, investigate जांच करना
- 15. **Often** (adverb) frequently, regularly, repeatedly, commonly, usually अक्सर
- 16. **Exploit** (verb) take advantage of, utilize, capitalize on, manipulate, abuse का लाभ 3ठाना
- 17. **Capitalise on** (phrasal verb) take advantage of, profit from, leverage, exploit, benefit from ਕੀਮ ਤਰੀਗ
- 18. **Fall short of** (phrase) fail to meet, lack, miss, be deficient in, be insufficient कम होना, काफ़ी न होना
- 19. **Question** (verb) doubt, challenge, query, scrutinize, interrogate प्रश्न करना
- 20. **Vague** (adjective) unclear, ambiguous, indistinct, hazy, imprecise अस्पष्ट
- 21. **Assertion** (noun) claim, declaration, statement, affirmation, contention दावा
- 22. **Back** (verb) support, endorse, uphold, reinforce, approve समर्थन करना
- 23. **Concrete** (adjective) definite, solid, tangible, specific, real ठोस
- 24. **Address** (verb) tackle, deal with, manage, handle, confront सुलझाना, निपटाना

- 25. **Crucial** (adjective) essential, critical, vital, important, key महत्वपूर्ण
- 26. **Celiac disease** (noun) a digestive disorder caused by gluten intolerance, an autoimmune disorder affecting the small intestine, gluten-sensitive enteropathy, gluten intolerance, wheat allergy सेलिएक रोग
- 27. **Wellbeing** (noun) health, welfare, fitness, happiness, prosperity भलाई
- 28. **Gluten** (noun) a protein found in wheat and related grains, a composite of storage proteins, a type of protein, wheat protein, grain protein ब्लूटेन
- 29. **Trigger** (verb) cause, provoke, initiate, activate, spark उत्तेजित करना
- 30. **Adverse** (adjective) harmful, negative, unfavorable, detrimental, disadvantageous प्रतिकूल
- 31. **Advocate** (verb) support, promote, recommend, endorse, champion समर्थन करना
- 32. **Transparency** (noun) openness, clarity, visibility, accountability, candor पारदर्शिता

- 33. **Adherence** (to) (noun) compliance, observance, obedience, conformity, allegiance पालन
- 34. **Perpetuation** (noun) continuation, preservation, prolongation, sustenance, maintenance निरंतरता
- 35. **Faulty** (adjective) defective, flawed, imperfect, inaccurate, incorrect दोषपूर्ण
- 36. **Exacerbate** (verb) worsen, aggravate, intensify, heighten, escalate **बढ़ा**ना
- 37. **Obesity** (noun) excessive fatness, overweight, corpulence, adiposity, heaviness मोटापा
- 38. **Call to action** (noun) a demand for action, a prompt to act, a call for intervention, an appeal for measures, a request for action कार्यवाही के लिए आहवान
- 39. **Exercise** (verb) practice, engage in, perform, undertake, utilize इस्तेमाल करना
- 40. **Diligence** (noun) carefulness, attentiveness, conscientiousness, meticulousness, thoroughness कर्मठता, तत्परता

#### The Hindu Editorial: Little respite (16/05/2024)

- 1. **Respite** (noun) Relief, break, pause, intermission, reprieve राहत
- Undermine (verb) Subvert, weaken, sabotage, erode, impair कमजोर करना
- 3. **Stability** (noun) Steadiness, constancy, firmness, security, equilibrium स्थिता
- Flatter to deceive (phrase) appear promising but ultimately disappoint. आशाजनक प्रतीत होते हैं लेकिन अंततः निराश करना
- Consumer Price Index (CPI) (noun) A measure that examines the weighted average of prices of a basket of consumer goods and services, such as transportation, food, and medical care उपभोक्ता मूल्य सूचकांक
- 6. **Provisional** (adjective) Temporary, interim, conditional, tentative, subject to confirmation अस्थायी
- 7. **Headline** (adjective) Main, principal, leading, primary, foremost प्रमुख
- 8. **Spectrum** (noun) Range, gamut, span, scope, extent श्रेणी
- 9. **Constitute** (verb) Form, compose, make up, comprise, establish बनाना
- 10. **Fractionally** (adverb) Slightly, marginally, minimally, insignificantly, to a small degree थोड़ा

- 11. **Mask** (verb) Conceal, hide, disguise, cover, obscure छिपाना
- 12. **Disconcerting** (adjective) Disturbing, unsettling, troubling, alarming, unnerving चिंताजनक
- 13. **Acceleration** (noun) Speeding up, hastening, quickening, increase in speed, surge तेजी
- 14. **Quicken** (verb) Accelerate, hasten, speed up, stimulate, spur की गति बढ़ना
- 15. **Basis point** (noun) 100 basis point = 1%
- 16. **Preceding** (adjective) Previous, prior, earlier, antecedent, former पिछले
- 17. **Pace** (noun) Speed, rate, tempo, velocity, momentum गति
- 18. **Accelerate** (verb) Speed up, hasten, quicken, advance, increase in speed तेजी करना
- 19. **Fare** (verb) Perform, manage, get along, cope, do fare কংলা
- 20. **Counterpart** (noun) Equivalent, peer, match, equal, analogue समकक्ष
- 21. **Reflect** (verb) Indicate, show, demonstrate, reveal, manifest दिखाना
- 22. **Reading** (noun) Measurement, record, figure, statistic, data माप

- 23. **Hinterland** (noun) Backcountry, rural area, inland region, interior, countryside आंतरिक भाग
- 24. **Widening** (adjective) Broadening, expanding, enlarging, increasing, extending बढ़ती
- 25. **Divergence** (noun) Difference, variation, deviation, separation, disparity विचलन
- 26. **Sizzling** (adjective) Scorching, very hot, burning, searing, sweltering झुलसाने वाला
- 27. **Disconcerting** (adjective) Disturbing, unsettling, troubling, alarming, unnerving परेशान करने वाला
- 28. **Means** (noun) Method, way, manner, mode, technique साधन
- 29. **Meet** (verb) Fulfill, satisfy, comply with, achieve, accomplish पूरा करना
- 30. **Wide-ranging** (adjective) Extensive, comprehensive, broad, all-encompassing, far-reaching ट्यापक
- 31. Weight (noun) It refers to what weightage something carries out of the total. For example:- in an exam there is 5 subject of total marks 100 out of which English subject 20 marks so the weightage of English is 20%.
- 32. **Witness** (verb) Observe, see, notice, experience, perceive देखना
- 33. **Steep** (adjective) Sharp, high, precipitous, abrupt, drastic तीव्र

- 34. **Signal** (verb) Indicate, show, signify, point to, mark संकेत करना
- 35. **Front** (noun) Area, field, sector, domain, realm मोर्चा
- 36. **Unlikely** (adjective) Improbable, doubtful, questionable, not expected, implausible असंभव
- 37. **Soaring** (adjective) Rising, increasing, climbing, escalating, skyrocketing बढ़ता हुआ
- 38. **Vulnerable** (adjective) Susceptible, exposed, defenseless, at risk, fragile कਸਗੇर
- 39. **Perishable** (adjective) (especially of food) likely to decay or go bad quickly सडने योग्य
- 40. **Straight** (adjective) Consecutive, continuous, uninterrupted, successive, in a row लगातार
- 41. **Succour** (noun) Aid, help, assistance, relief, support सहायता
- 42. **Appreciably** (adverb) Noticeably, significantly, considerably, perceptibly, markedly सराहनीय ढंग से
- 43. **Reservoir** (noun) Storage, tank, lake, pool, basin जलाशय
- 44. **Dwindle** (verb) Decrease, diminish, shrink, reduce, lessen घट जाना
- 45. **Trail** (verb) Lag, follow, drag behind, be behind, track पीछा करना

#### May 19, 2024 **ENGLISH MADHYAM**

- 46. **Outlook** (noun) Forecast, expectation, prospect, view, perspective दृष्टिकोण
- 47. **Stability** (noun) Steadiness, constancy, firmness, security, equilibrium स्थिरता
- 48. **Ride** (on) (phrasal verb) Depend on, hinge on, rest on, rely on, be contingent upon निर्भर करना

- 49. **Spatially** (adverb) With regard to space, in terms of area, geographically, regionally, locationally स्थानिक रूप से
- 50. **Temporally** (adverb) With regard to time, in terms of timing, chronologically, time-wise, sequentially समयानुसार

### The Indian Express Editorial: Niti Aayog's alarm bells (17/05/2024)

- Alarm bells on (phrase) A warning or alert about चेतावनी देना
- 2. **Recognise** (verb) Acknowledge, admit, identify, perceive, discern पहचानना
- Necessity (noun) Requirement, essential, need, requisite, urgency आवश्यकता
- Emphasis (noun) Stress, importance, weight, significance, priority जोर
- 5. **Constitute** (verb) Form, compose, establish, make up, create बनाना
- Successive (adjective) Consecutive, sequential, continuous, following, uninterrupted लगातार
- 7. **Vulnerable** (adjective) Susceptible, exposed, defenseless, weak, at risk अस्रक्षित
- 8. **Screened** (adjective) Examined, checked, tested, inspected, reviewed जांचा गया
- 9. **Malignancy** (noun) Cancerous growth, tumor, neoplasm, carcinoma, malign ঘারকরা
- 10. **Nodal** (adjective) Central, pivotal, key, focal, main प्रम्ख
- 11. **To a great extent** (phrase) Largely, significantly, considerably, substantially, extensively बड़े पैमाने पर
- 12. **Flag** (verb) Mark, signal, indicate, highlight, point out चिहिनत करना

- 13. **Non-communicable disease** (noun) A disease not transmissible directly from one person to another गैर-संक्रामक रोग
- 14. **Pilot** (verb) Test, trial, experiment, launch, initiate परीक्षण करना
- 15. **Grass-root level** (noun) Local level, base level, foundational level, community level ਤਸੀਰੀ ਦਰਵ
- 16. **Rope in** (phrasal verb) Engage, enlist, recruit, involve, incorporate शामिल करना
- 17. **Given** (preposition) Considering, regarding, taking into account, in view of, on account of ध्यान में रखते हुए
- 18. **Imperative** (adjective) Crucial, essential, urgent, necessary, vital अत्यावश्यक
- 19. **Frontline** (adjective) Leading, forefront, primary, initial, first-line अग्रणी
- 20. **Underline** (verb) Emphasize, stress, highlight, underscore, accentuate जोर देना
- 21. **Sensitise** (verb) Make aware, inform, alert, educate, acquaint ভাগান্ধক ক্রবনা
- 22. **Imperative** (noun) Requirement, necessity, obligation, essential, need आवश्यकता
- 23. **Undertake** (verb) Begin, commence, embark on, start, engage in करना
- 24. **Expertise** (noun) Skill, proficiency, knowledge, competence, mastery विशेषज्ञता

## May 19, 2024 **ENGLISH MADHYAM**

- 25. **Summon** (verb) Call, convene, assemble, muster, gather बुलाना
- 26. **Screen** (verb) Examine, test, check, inspect, review जांचना

#### The Economic times Editorial: Make pilgrimages blessed experiences (18/05/2024)

- Pilgrimage (noun) A journey to a sacred place for religious reasons. तीर्थयात्रा
- 2. **Blessed** (adjective) Welcome, providential, lucky, fortunate, pleasant धन्य
- 3. **Pilgrim** (noun) A person who journeys to a sacred place for religious reasons. तीर्थयात्री
- Clog (verb) Block, obstruct, congest, jam, choke. अवरुद्ध करना/ रोकना
- 5. **Regulate** (verb) Control, manage, oversee, supervise, govern. नियंत्रण करना
- 6. **Shrine** (noun) A holy or sacred place, often associated with a religious figure or event. तीर्थस्थल
- 7. **Priest** (noun) Cleric, minister, pastor, clergyman, holy man. प्जारी
- 8. **Rescind** (verb) Revoke, cancel, repeal, annul, nullify. रद्ध करना
- 9. **Impose** (verb) Enforce, apply, implement, institute, mandate. थोपना
- 10. **Operationalise** (verb) Implement, activate, put into operation, carry out, execute. क्रियान्वित करना
- 11. **Resist** (verb) Oppose, withstand, fight, defy, counteract. विरोध करना
- Lobbying (noun) the activity of trying to persuade someone in authority, usually an elected member of a government, to

- support laws or rules that give your organization or industry an advantage. पैरवी
- 13. **Constitute** (verb) Form, establish, set up, create, organize. गठन करना
- 14. **Time-bound** (adjective) Limited by time, having a deadline, fixed-time, time-specific, scheduled. समयबद
- 15. **Trekking** (noun) Hiking, walking, backpacking, tramping, exploring. पैदल यात्रा
- Embark on (phrasal verb) Start, begin, commence, undertake, initiate. शुरू करना
- 17. **Climate-resilient** (adjective) Able to withstand or recover from the effects of climate change. जलवाय्-प्रतिरोधी
- 18. Infra (noun) Infrastructure, basic physical and organizational structures and facilities. अवसंरचना
- 19. **Take into account** (phrase) Consider, regard, include, factor in, account for. ध्यान में रखना
- 20. **Fragile** (adjective) Delicate, weak, brittle, sensitive, breakable. नाजुक
- 21. **Ecology** (noun) The study of the relationships between living organisms and their environment. पारिस्थितिकी
- 22. **Crack the code** (phrase) Solve a difficult problem, understand something complex, figure out. समस्या को हल करना

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- 23. **Somewhat** (adverb) To some extent, a little, slightly, partially, moderately. कुछ हद तक
- 24. **Follow suit** (phrase) Do the same, imitate, copy, take similar action, emulate. अनुसरण करना
- 25. **Pivot** (noun) A central point, focus, or key aspect, especially one around which a mechanism turns. मुख्य बिंदु