

English Madhyam

(Weekly vocabulary compilation)

From 02 DEC 2024 to 07 DEC 2024

For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC,
B. Ed and other competitive exams.



© PUBLISHERS

No part of this publication may be re-produced, stored in a retrieval system or distributed in any form or by any means, electronic, mechanical, photocopying, recording, scanning, web or otherwise without the written permission of the publisher. I have obtained all the information in this book from the sources believed to be reliable and true. However, authors or illustrators don't take any responsibility for the absolute accuracy of any information published and the damages or loss suffered there upon.

Contact No: 7722987077

Email id: Support@englishmadhyam.in

Telegram: [English Madhyam](https://www.instagram.com/englishmadhyam)

Website: www.englishmadhyam.in

Table of Contents

Part - A

The Hindu Editorial: ONOS bitten (02 NOV 2024)	4
The Hindu Editorial : First step: On the Israel-Hezbollah ceasefire (03 nov 2024)	6
The Hindu Editorial : New crimes, old tools (04 NOV 2024).....	8
The Hindu Editorial: Preparing for the worst (05 NOV 2024)	10
The Hindu Editorial: A cut in time: On the plastic pollution problem (06 NOV2024).....	12
The Hindu Editorial: A slow return: On border tensions and India-China ties (07 NOV 2024)	14

Part - B

The Indian Express Editorial: express view: An IFF(I) endeavor (02 NOV 2024)	17
The Tribune Editorial: Beyond bans (03 NOV 2024)	18
The Tribune Editorial: Food wastage (04 NOV 2024).....	20
The Indian Express Editorial: CBSE proposal for a two-tier study (05 NOV 2024).....	22
The Indian Express Editorial: Bengalis and the love of potatoes (06 NOV 2024).....	24
The Indian Express Editorial: Using social media is injurious to health (07 NOV 2024).....	26

Part - C

Indian Express editorial: RBI's dilemma (02 NOV 2024)	28
The Times of India editorial: Seek eternal bliss in the self within (03 NOV 2024)	30
The Hindu editorial: A wake-up call: On the growth forecast (04 NOV 2024)	33
The Economic times editorial: Visible withdrawal symptoms of ATMs (05 NOV 2024).....	35
The Pioneer editorial: The role of teachers in building positive learning spaces (06 NOV 2024)	37
The Times of India editorial: Can we love our neighbours (07 NOV 2024)	39

Part - A

The Hindu Editorial: ONOS bitten (02 NOV 2024)

1. **Undesirable** (adjective) – Unwanted, unfavorable, objectionable, unwelcome
अवांछनीय
2. **Boon** (noun) – Blessing, benefit, advantage, aid
वरदान
3. **Vis-à-vis** (preposition) – In relation to, with regard to, compared with, concerning
की तुलना में
4. **Hefty** (adjective) – Large, substantial, considerable, heavy
भारी, बड़ा
5. **Journal** (noun) – Academic publication, periodical, scholarly magazine, research publication
शोध पत्रिका
6. **Scholar** (noun) – Academic, researcher, intellectual, student
शोधकर्ता
7. **At large** (phrase) – In general, as a whole, broadly, overall
सामान्य तौर पर
8. **Avail** (verb) – Utilize, use, make use of, take advantage of
लाभ उठाना
9. **Climb** (verb) – Increase, rise, go up, escalate
बढ़ना
10. **Band up** (phrasal verb) – Unite, come together, join forces, collaborate
इकट्ठा होना
11. **Consortia** (noun) – Associations, alliances, coalitions, groups
संघ
12. **Bargaining power** (noun) – Negotiating strength, leverage, influence in negotiations
मोलभाव की ताकत
13. **Negotiation** (noun) – Discussion, bargaining, talks, deliberation
बातचीत
14. **Oblige** (verb) – Require, compel, bind, force
बाध्य करना
15. **Upshot** (noun) – Result, outcome, conclusion, consequence
परिणाम
16. **Stranglehold** (noun) – Dominance, control, grip, monopoly
दबदबा
17. **Subsist on** (verb) – Survive on, live on, exist on, depend on
पर निर्भर रहना
18. **Willingness** (noun) – Readiness, eagerness, desire, inclination
इच्छा
19. **Seen against the backdrop of** (phrase) – Considering, in the context of, in light of
की पृष्ठभूमि में देखते हुए
20. **Stagnant** (adjective) – Inactive, sluggish, not growing, static
स्थिर
21. **Adoption** (noun) – Acceptance, implementation, embracing, incorporation
अपनाना
22. **Discoverability** (noun) – Ease of being found, visibility, accessibility
खोजयोग्यता
23. **Factor in** (phrasal verb) – Include, consider, take into account, incorporate
शामिल करना
24. **Potential** (noun) – Possibility, capability, capacity, promise
क्षमता
25. **Modality** (noun) – Method, manner, way, approach
विधि, तरीका
26. **Transparency** (noun) – Openness, clarity, accountability, lack of secrecy
पारदर्शिता

27. **Perturbing** (adjective) – Disturbing, worrying, unsettling, troubling चिंताजनक
28. **Monitor** (verb) – Observe, watch, oversee, supervise निगरानी करना
29. **Cull** (verb) – Remove, eliminate, weed out, discard हटाना
30. **Predatory** (adjective) – Exploitative, unscrupulous, unfair, taking advantage शोषणकारी, लाभ उठाने वाला
31. **Gain currency** (phrase) – Become accepted, become popular, gain acceptance, become widespread लोकप्रिय होना
32. **As a means of** (phrase) – As a way of, as a method of, for the purpose of के तरीके से
33. **Deemed** (adjective) – Considered, regarded as, judged, thought माना गया
34. **Premature** (adjective) – Early, untimely, too soon, before proper time असमय

The Hindu Editorial : First step: On the Israel-Hezbollah ceasefire (03 nov 2024)

1. **Ceasefire** (noun) – Truce, armistice, suspension of hostilities, peace agreement
युद्धविराम
2. **Break out** (phrasal verb) – Begin suddenly, erupt, start, commence शुरू होना
3. **Solidarity** (noun) – Unity, support, cohesion, mutual support एकजुटता
4. **Cease** (verb) – Stop, halt, end, discontinue रोकना
5. **Troop** (noun) – Soldiers, military forces, armed forces, army units सैनिक
6. **Invasion** (noun) – Incursion, attack, assault, offensive आक्रमण
7. **Displace** (verb) – Force to move, uproot, expel, relocate विस्थापित करना
8. **Climb down** (phrasal verb) – Back down, yield, concede, retract पीछे हटना
9. **Maximalist** (adjective) – Extreme, uncompromising, hardline, all-or-nothing अधिकतमवादी, कठोर
10. **France-mediated** (adjective) – Facilitated by France, with France acting as a mediator फ्रांस द्वारा मध्यस्थता किया गया
11. **Withdraw** (verb) – Pull out, retreat, remove, draw back वापस लेना, हटाना
12. **Redeploy** (verb) – Reassign, reposition, relocate, move पुनः तैनात करना
13. **Entrust** (verb) – Assign responsibility, delegate, hand over, charge सौंपना
14. **Enforce** (verb) – Implement, apply, uphold, impose लागू करना
15. **Claim** (verb) – Assert, declare, profess, state दावा करना
16. **Divine** (adjective) – Godly, heavenly, sacred, holy दिव्य
17. **Suffer** (verb) – Experience, endure, undergo, face सहना
18. **Setback** (noun) – Hindrance, obstacle, reversal, defeat नाकामयाबी
19. **Stronghold** (noun) – Fortress, bastion, center of strength, strong area गढ़
20. **Neighbourhood** (noun) – Area, locality, district, vicinity पड़ोस
21. **Pulverise** (verb) – Destroy completely, demolish, crush, annihilate नष्ट करना
22. **Stark** (adjective) – Harsh, severe, blunt, clear स्पष्ट
23. **Possess** (verb) – Own, have, hold, control रखना
24. **Territorial** (adjective) – Relating to land, geographic, spatial क्षेत्रीय
25. **Advance** (noun) – Progress, movement forward, approach, forward movement प्रगति, उन्नति
26. **Stiff** (adjective) – Strong, severe, hard, tough कठिन, कड़ा
27. **Resistance** (noun) – Opposition, defiance, fight, struggle विरोध

28. **Bombing** (noun) – Air attack, bombardment, shelling, airstrike **बमबारी**
29. **Given** (preposition) – Considering, in view of, taking into account **को देखते हुए**
30. **Give up** (phrasal verb) – Surrender, abandon, relinquish, concede **छोड़ देना**
31. **Settle for** (verb) – Accept, agree to, be content with, compromise with **संतोष करना**
32. **Short-lived** (adjective) – Temporary, brief, fleeting, transitory **अल्पकालिक**
33. **Rearm** (verb) – Re-equip with weapons, resupply, re-equip militarily **फिर से हथियारबंद होना**
34. **Disproportionate war** (noun) – A conflict where the response is not proportional to the initial action **असंगत युद्ध**
35. **Constructive** (adjective) – Helpful, positive, productive, beneficial **रचनात्मक, सहायक**
36. **Momentum** (noun) – Drive, impetus, force, energy **गति**
37. **Push for** (verb) – Advocate, encourage, promote, urge **प्रयास करना**
38. **Leverage** (noun) – Influence, advantage, power, clout **प्रभाव**
39. **Ally** (noun) – Partner, supporter, collaborator, friend **सहयोगी**
40. **Bombardment** (noun) – Continuous attack, shelling, barrage, onslaught **बमबारी**

The Hindu Editorial : New crimes, old tools (04 NOV 2024)

1. **Hold accountable** (phrase) – Make responsible, hold liable, demand answers from, require to answer for जिम्मेदार ठहराना
2. **Thrive** (verb) – Prosper, flourish, succeed, grow strongly पनपना
3. **Prosecution** (noun) – Legal proceedings, trial, legal action, indictment कानूनी कार्यवाही
4. **Address** (verb) – Tackle, deal with, attend to, confront समाधान करना, निपटना
5. **Menace** (noun) – Threat, danger, hazard, peril खतरा
6. **Non-consensual** (adjective) – Without agreement, without consent, unauthorized, involuntary बिना सहमति के
7. **Intimate** (adjective) – Private, personal, confidential, close निजी
8. **Unlike** (preposition) – Different from, in contrast to, dissimilar to, not like के विपरीत
9. **Petty** (adjective) – Minor, trivial, insignificant, small-scale छोटा-मोटा
10. **Merely** (adverb) – Only, just, simply, nothing more than मात्र
11. **Desperate** (adjective) – Hopeless, distressed, frantic, in dire need हताश
12. **Equip with** (verb) – Provide, furnish, supply, arm with सुसज्जित करना
13. **Vulnerable** (adjective) – Exposed, susceptible, defenseless, at risk कमजोर
14. **Infrastructure** (noun) – Basic systems, framework, foundation, facilities बुनियादी ढांचा
15. **Ill-prepared** (adjective) – Unprepared, inadequately prepared, underprepared, poorly equipped अपर्याप्त रूप से तैयार
16. **Overwhelming** (adjective) – Enormous, immense, overpowering, excessive अत्यधिक
17. **Malicious** (adjective) – Harmful, spiteful, malevolent, evil-minded दुर्भावनापूर्ण
18. **Fertile** (adjective) – Productive, conducive, fruitful, rich अनुकूल
19. **Employ** (verb) – Use, utilize, apply, make use of प्रयोग करना
20. **Ingenious** (adjective) – Clever, inventive, resourceful, innovative चतुर
21. **Enforcement** (noun) – Implementation, execution, imposition, upholding प्रवर्तन, लागू करना
22. **Cultivate** (verb) – Develop, foster, nurture, build विकसित करना
23. **Hotspot** (noun) – High-activity area, hub, center of activity, trouble spot केंद्र
24. **Carry out** (phrasal verb) – Execute, perform, conduct, implement अंजाम देना
25. **Impunity** (noun) – Exemption from punishment, immunity, freedom from consequences सज़ा से छूट
26. **Rampant** (adjective) – Widespread, uncontrolled, unchecked, unrestrained अनियंत्रित
27. **Grave** (adjective) – Serious, severe, critical, alarming गंभीर

28. **Combat** (verb) – Fight, battle, confront, tackle **मुकाबला करना**
29. **Aggressive** (adjective) – Forceful, assertive, vigorous, intensive **आक्रामक**
30. **Integrity** (noun) – Honesty, moral uprightness, probity, ethical conduct **निष्ठा, ईमानदारी**
31. **Transparency** (noun) – Openness, clarity, accountability, lack of secrecy **पारदर्शिता**
32. **Reflect poorly on** (phrase) – Show unfavorably, give a bad impression of, discredit, tarnish **बुरा प्रभाव डालना**
33. **Apparatus** (noun) – System, structure, organization, machinery **यंत्रणा, संगठन**
34. **Window** (noun) – Opportunity, chance, opening, period **अवसर, मौका**
35. **Breakthrough** (noun) – Significant advancement, discovery, progress, leap forward **प्रगति**
36. **Conviction** (noun) – Declaration of guilt, sentence, judgment, verdict **दोषसिद्धि**
37. **Ethic** (noun) – Moral principles, values, code of conduct, standards **नैतिकता, आचार संहिता**
38. **Evolve** (verb) – Develop, progress, change, adapt **विकसित होना**
39. **Persona** (noun) – Character, identity, image, role **छवि**
40. **Deceive** (verb) – Mislead, trick, dupe, cheat **धोखा देना**
41. **Scepticism** (noun) – Doubt, disbelief, questioning attitude, suspicion **संदेह**
42. **Fall prey to** (phrase) – Become a victim of, be harmed by, succumb to **शिकार होना**
43. **Push for** (verb) – Advocate, promote, encourage, urge **प्रयास करना**
44. **Vulnerability** (noun) – Susceptibility, weakness, exposure, risk **कमजोरी**
45. **Pressing** (adjective) – Urgent, critical, immediate, important **जरूरी**
46. **Combat** (verb) – Fight against, oppose, counter, tackle **मुकाबला करना**
47. **Preventive** (adjective) – Protective, precautionary, preemptive, deterrent **रोकथाम करने वाला**

The Hindu Editorial: Preparing for the worst (05 NOV 2024)

1. **Peninsula** (noun) – Landmass surrounded by water on three sides, cape, headland, promontory **प्रायद्वीप**
2. **Magnitude** (noun) – Extent, size, scale, level **विस्तार**
3. **Devastation** (noun) – Destruction, ruin, havoc, damage **विनाश, तबाही**
4. **Landslip** (noun) – Landslide, ground collapse, earthfall **भूस्खलन**
5. **Claim** (verb) – Cause death of, take, result in the loss of **जाने लेना**
6. **Adjoin** (verb) – Neighbor, border, be next to, touch **सटा होना**
7. **Bear the brunt** (phrase) – Suffer the worst part, take the main force, be most affected **खामियाजा भुगतना**
8. **Worsen** (verb) – Aggravate, exacerbate, deteriorate, make worse **और खराब होना**
9. **Plight** (noun) – Difficult situation, predicament, hardship, adversity **दुर्दशा**
10. **Seek** (verb) – Request, ask for, appeal for, pursue **मांग करना**
11. **Assistance** (noun) – Help, aid, support, relief **सहायता**
12. **It is time** (phrase) – The moment has come, now is the time, it's appropriate now **समय आ गया है**
13. **Concerned** (adjective) – Involved, related, responsible, associated **संबंधित**
14. **Given** (preposition) – Considering, taking into account, in view of **को देखते हुए**
15. **Monograph** (noun) – a detailed written study of a single specialized subject or an aspect of it. **एक-विषयक पुस्तक**
16. **Conclude** (verb) – Determine, decide, find, deduce **तय करना**
17. **Depression** (noun) – Low-pressure weather system, cyclone, storm **कम दबाव का क्षेत्र**
18. **Intensify** (verb) – Increase, strengthen, escalate, amplify **प्रबल करना**
19. **Concrete** (adjective) – Specific, definite, solid, tangible **ठोस**
20. **Tangible** (adjective) – Real, concrete, perceptible, palpable **स्पष्ट**
21. **Rehabilitation** (noun) – Restoration, recovery, rebuilding, reconstruction **पुनर्स्थापना**
22. **Make public** (phrase) – Reveal, disclose, publish, announce **सार्वजनिक करना**
23. **Strengthen** (verb) – Reinforce, fortify, bolster, enhance **मज़बूत करना**
24. **Bund** (noun) – Embankment, levee, dam, barrier **तटबंध**
25. **Silt** (noun) – Sediment, mud, sludge, deposits **कीचड़**
26. **Course** (noun) – Path, route, channel, flow **प्रवाह मार्ग**
27. **Relentless** (adjective) – Unceasing, persistent, continuous, unremitting **निरंतर**
28. **Drive** (noun) – Campaign, initiative, effort, push **मुहिम**

29. **Encroachment** (noun) – Infringement, intrusion, invasion, trespass **अतिक्रमण**
30. **Carry out** (phrasal verb) – Execute, perform, implement, accomplish **अंजाम देना**
31. **Take pride** (phrase) – Be proud of, feel satisfaction in, value, cherish **गर्व करना**
32. **Irrigation** (noun) – Watering, supplying water, irrigation system **सिंचाई**

The Hindu Editorial: A cut in time: On the plastic pollution problem (06 NOV2024)

1. **In time** (phrase) – Eventually, sooner or later, before it's too late समय पर, अंततः
2. **Ill-effect** (phrase) – Negative impact, harmful consequence, adverse result हानिकारक प्रभाव
3. **Wrangling** (noun) – Dispute, argument, quarrel, altercation विवाद
4. **Ambitious** (adjective) – Aspiring, determined, high-reaching, challenging महत्वाकांक्षी
5. **Endeavour** (noun) – Effort, attempt, venture, undertaking प्रयास
6. **Pilot** (verb) – Lead, guide, test, conduct नेतृत्व करना
7. **Phase out** (phrasal verb) – Gradually stop, withdraw, discontinue धीरे-धीरे समाप्त करना
8. **Turn out to be** (phrase) – Prove to be, result in, emerge as साबित होना
9. **Resolution** (noun) – Decision, determination, declaration, commitment प्रस्ताव
10. **Marine** (adjective) – Oceanic, aquatic, related to the sea समुद्री
11. **Framework** (noun) – Structure, system, outline, blueprint ढांचा
12. **Deem** (verb) – Consider, regard, judge, view मानना
13. **Historic** (adjective) – Significant, landmark, momentous, remarkable ऐतिहासिक
14. **Impression** (noun) – Perception, belief, thought, idea धारणा
15. **Unanimous** (adjective) – United, agreed, undivided, collective सर्वसम्मत
16. **Address** (verb) – Tackle, deal with, resolve, handle सुलझाना
17. **Divisive** (adjective) – Controversial, polarizing, conflicting, discordant विभाजनकारी
18. **Gather** (verb) – Assemble, collect, convene, congregate इकट्ठा होना
19. **Usefulness** (noun) – Utility, practicality, value, effectiveness उपयोगिता
20. **Era** (noun) – Period, epoch, age, time युग
21. **Indestructibility** (noun) – Durability, permanence, resilience, endurance अविनाशनीयता
22. **Hazard** (noun) – Danger, risk, threat, peril खतरा
23. **Seep into** (phrasal verb) – Penetrate, infiltrate, percolate, enter समा जाना, प्रवेश करना
24. **Progress** (verb) – Advance, move forward, develop, improve आगे बढ़ना
25. **Eyesore** (noun) – Blight, ugliness, unpleasant sight आंखों को चुभने वाला दृश्य
26. **Litter** (noun) – pieces of paper, rubbish, etc. that are left in a public place सार्वजनिक स्थल पर जमा कूड़ा-कचरा

27. **Overwhelmed** (adjective) – Overburdened, inundated, swamped, overrun अत्यधिक दबाव में
28. **Redeem** (verb) – Rectify, compensate for, make amends, improve सुधार करना
29. **A pipe dream** (phrase) – Unrealistic hope, fantasy, unattainable idea अव्यावहारिक कल्पना
30. **Impose** (verb) – Enforce, inflict, mandate, introduce थोपना
31. **Gradual** (adjective) – Step-by-step, slow, incremental, progressive क्रमिक
32. **Premise** (on) (verb) – Base on, found on, establish on, assume आधारित होना
33. **Extraction** (noun) – Removal, retrieval, mining, pulling out निकासी
34. **Balk** (verb) – Hesitate, refuse, resist, oppose इन्कार करना, घबराना
35. **Masquerade** (verb) – Pretend, disguise, pose, fake ढोंग करना
36. **Environmentalism** (noun) – Conservationism, eco-friendliness, nature preservation पर्यावरण संरक्षण
37. **Intent** (noun) – Purpose, aim, objective, goal इरादा
38. **Stall** (verb) – Delay, hinder, obstruct, pause टालना
39. **Reconvene** (verb) – Reassemble, reunite, gather again, meet again पुनः एकत्रित होना
40. **Perspective** (noun) – Viewpoint, outlook, angle, stance दृष्टिकोण
41. **Impasse** (noun) – Deadlock, stalemate, gridlock, standstill गतिरोध
42. **Averse** (to) (verb) – Opposed to, reluctant, unwilling, resistant अरुचिकर
43. **Acknowledge** (verb) – Admit, accept, recognize, concede स्वीकार करना
44. **Indispensability** (noun) – Necessity, importance, essentiality, requirement अपरिहार्यता, आवश्यकता
45. **Evaluate** (verb) – Assess, judge, appraise, analyze मूल्यांकन करना
46. **Ecology** (noun) – Environment, ecosystem, nature, biosphere पर्यावरण, पारिस्थितिकी
47. **On the wrong side of history** (phrase) – Against progress, outdated, backward-thinking विकास के विपरीत

The Hindu Editorial: A slow return: On border tensions and India-China ties (07 NOV 2024)

1. **Ties** (noun) – Connections, relationships, associations, links **संबंध**
2. **Suo motu** (noun) – On its own motion, voluntarily, self-initiated action **स्वतः संज्ञान**
3. **Overdue** (adjective) – Delayed, late, pending, belated **देरी से**
4. **Following** (preposition) – After, subsequent to, ensuing, next **के बाद**
5. **Transgression** (noun) – Violation, breach, infringement, defiance **अतिक्रमण**
6. **Deadly** (adverb) – Lethal, fatal, life-threatening, severe **घातक**
7. **Clash** (noun) – Conflict, confrontation, skirmish, fight **टकराव**
8. **Divulge** (verb) – Reveal, disclose, share, make known **प्रकट करना**
9. **Disengagement** (noun) – Withdrawal, separation, detachment, retreat **पीछे हटना**
10. **Friction** (noun) – Conflict, tension, disagreement, discord **तनाव, विरोध**
11. **In the dark** (phrase) – Uninformed, unaware, ignorant, clueless **अनजान, अंधेरे में**
12. **Substantial** (adjective) – Significant, considerable, major, meaningful **महत्वपूर्ण**
13. **Aspect** (noun) – Feature, facet, component, perspective **पहलू**
14. **Make clear** (phrase) – Clarify, explain, emphasize, assert **स्पष्ट करना**
15. **Engagement** (noun) – Interaction, involvement, commitment, participation **सहभागिता**
16. **Contingent** (on) (adjective) – depending, liable, dependent, conditional, **शर्त पर निर्भर**
17. **Coordination** (noun) – Organization, alignment, collaboration, cooperation **समन्वय**
18. **Mechanism** (noun) – System, structure, process, framework **तंत्र**
19. **Troop** (noun) – Soldiers, unit, squad, group **सैनिक दल**
20. **De-escalation** (noun) – Reduction, scaling down, defusing, easing **तनाव कम करना**
21. **De-induction** (noun) – Withdrawal, removal, detachment, separation **हटाव**
22. **Given** (preposition) – Considering, taking into account, because of **देखते हुए**
23. **Patrolling** (noun) – Surveillance, monitoring, guard duty, watch **गश्त करना**
24. **Arrangement** (noun) – Plan, setup, agreement, preparation **व्यवस्था**
25. **Resumption** (noun) – Restart, continuation, renewal, recommencement **पुनः आरंभ**
26. **Underway** (adjective) – Ongoing, in progress, happening, in motion **चल रहा है**

27. **Euphemism** (noun) – Polite term, softened expression, indirect term **शिष्ट वाक्य**
28. **Buffer zone** (noun) – a neutral area serving to separate hostile forces or nations. **सुरक्षा क्षेत्र**
29. **Causus belli** (noun) – Cause of war, justification for conflict; an act or situation that provokes or justifies a war. **युद्ध का कारण**
30. **Status quo ante** (noun) – Original state, previous situation, former condition **पहले की स्थिति**
31. **Lay stress on** (phrase) – Emphasize, highlight, focus on, underscore **जोर देना**
32. **Uphold** (verb) – Support, defend, maintain, sustain **बनाए रखना**
33. **Integrity** (noun) – Honesty, unity, wholeness, soundness **ईमानदारी**
34. **Expedite** (verb) – Accelerate, hasten, speed up, facilitate **तेज़ करना**
35. **Demarcate** (verb) – Define, mark, set boundaries, outline **सीमा निर्धारण करना**
36. **In spite of** (phrase) – Despite, although, even though **के बावजूद**
37. **Demonstrate** (verb) – Show, display, prove, illustrate **दिखाना**
38. **Doves and hawks** (noun) – Peace advocates and war proponents, moderates and aggressors **शांति समर्थक और युद्ध समर्थक**
39. **Establishment** (noun) – Institution, organization, authority, regime **शासन**
40. **Intensive** (adjective) – Thorough, concentrated, rigorous, detailed **गहन**
41. **Intense** (adjective) – Extreme, strong, vigorous, severe **तीव्र**
42. **Sustain** (verb) – Maintain, support, continue, uphold **बनाए रखना**