English Madhyam

(Weekly vocabulary compilation)

From 17 March 2025 to 23 March 2025

For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC, B. Ed and other competitive exams.

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Part - A

The Hindu Editorial: A voluntary mandate (17 MAR 2025)

1. **Impose** (verb) – Enforce, Mandate, Levy, Apply, Introduce थोपना

2. **In place** (phrase) – Established, Operational, Functional, Active, Set up लागू

3. **Digitise** (verb) – Computerize, Electronify, Modernize, Convert, Automate डिजिटल बनाना

4. **Transcript** (noun) – Record, Report, Document, Certificate, Statement अभिलेख

5. **Ecosystem** (noun) – Environment, Network, System, Framework, Structure पारिस्थितिकी तंत्र

6. **Digitisation** (noun) – the conversion of text, pictures, or sound into a digital form that can be processed by a computer. डिजिटलीकरण

7. **Technocratic** (adjective) – Technology-driven, Expert-led, Scientific, Automated, Mechanized तकनीकी

8. **Overhaul** (noun) – Revamp, Reform, Restructure, Redesign, Upgrade पुनर्निर्माण

9. **Blatantly** (adverb) – Openly, Shamelessly, Brazenly, Flagrantly, Unashamedly खुलेआम

10. **Wield** (verb) – Exercise, Use, Employ, Apply, Utilize इस्तेमाल करना

11. **Mere** (adjective) – Only, Just, Simple, Bare, Plain मात्र

12. **Interpretation** (noun) – Explanation, Understanding, Analysis, Reading, Perception व्याख्या

13. **Unambiguous** (adjective) – Clear, Definite, Explicit, Straightforward, Precise स्पष्ट

14. **Saturation** (noun) – Fullness, Completeness, Totality, Maximum, Peak; to a very full extent, especially beyond the point regarded as necessary or desirable पूर्णता

15. **Enrollment** (noun) – Registration, Admission, Sign-up, Recruitment, Joining नामांकन

16. **Fervour** (noun) – Enthusiasm, Passion, Zeal, Ardor, Eagerness जोश

17. **Attain** (verb) – Achieve, Accomplish, Reach, Gain, Secure प्राप्त करना

18. **In the event of** (phrase) – In case of, If there is, Should there be, In the situation of, In the circumstance of की स्थिति में

19. **Rattle sabre** (phrase) – Threaten, Intimidate, Warn, Bluster, Menace धमकी देना

20. **Fellow** (adjective) – Colleague, Peer, Associate, Companion, Counterpart सहयोगी

21. **Allege** (verb) – Claim, Assert, Accuse, Declare, Contend आरोप लगाना

22. **Rechristen** (verb) – Rename, Rebrand, Relabel, Retitle, Redesignate नया नाम देना

23. **Keen** (adjective) – Eager, Enthusiastic, Interested, Willing, Avid उत्सुक

24. **Propagate** (verb) – Promote, Spread, Disseminate, Circulate, Publicize प्रसारित करना

25. **Fait accompli** (noun) – Done deal, Foregone conclusion, Irreversible act, Settled matter, Accomplished fact **पूर्ण सत्य**

26. **Lead** (to) (verb) – Result in, Cause, Bring about, Trigger, Produce **वजह बनना**

27. **Bedrock** (noun) – Foundation, Basis, Core, Groundwork, Cornerstone **आधार**

28. **De facto** (noun) – In practice, In reality, Actual, Effective, Unofficial **वास्तविक**

29. **Tall claim** (phrase) – Exaggerated claim, Overstated assertion, Boastful statement, Grand promise, Overblown declaration **बढ़ा-चढ़ा कर दावा**

30. **Alarming** (adjective) – Worrying, Disturbing, Troubling, Frightening, Shocking **चिंताजनक**

31. **Take effect** (phrase) – Become active, Come into force, Start, Operate, Implement **लागू होना**

32. **Ill-disguised** (adjective) – Poorly hidden, Obvious, Transparent, Evident, Clear **खराब छिपाव**

33. **Proxy** (noun) – Substitute, Replacement, Stand-in, Surrogate, Alternative **प्रतिनिधि**

34. **Steer clear of** (phrase) – Avoid, Evade, Shun, Dodge, Stay away from **दूर रहना**

35. **Undertake** (verb) – Begin, Start, Commence, Embark on, Initiate **शुरू करना**

36. **Back** (verb) – Support, Endorse, Fund, Finance, Advocate **समर्थन करना**

The Indian Express Editorial: Indian universities climb QS rankings (18 MAR 2025)

1. **Climb** (verb) – Rise, Ascend, Improve, Advance, Progress ऊपर चढ़ना

2. **Ecosystem** (noun) – Environment, Network, System, Framework, Structure पारिस्थितिकी तंत्र

3. **Yield** (verb) – Produce, Generate, Deliver, Provide, Bear परिणाम देना

4. **Heartening** (adjective) – Encouraging, Uplifting, Reassuring, Promising, Inspiring उत्साहवर्धक

5. **Call out** (phrasal verb) – Highlight, Point out, Identify, Expose, Criticize उजागर करना

6. **Skill deficit** (noun) – a situation where someone lacks a specific skill or ability, meaning they haven't learned how to perform a particular behavior or task कौशल की कमी

7. **Take stride** (phrase) – Make progress, Advance, Move forward, Improve, Develop प्रगति करना

8. **Standing** (noun) – Reputation, Status, Position, Rank, Prestige स्थिति

9. **Lag** (verb) – Fall behind, Trail, Drag, Delay, Linger पीछे रहना

10. **Endeavour** (noun) – Effort, Attempt, Initiative, Venture, Pursuit प्रयास

11. **Underline** (verb) – Emphasize, Highlight, Stress, Accentuate, Reinforce जोर देना

12. **Elite** (adjective) – Top-tier, Exclusive, Premier, Superior, High-ranking उत्कृष्ट

13. **Supervision** (noun) – Oversight, Guidance, Monitoring, Management, Control निरीक्षण

14. **In contrast** (phrase) – On the other hand, Conversely, Differently, Oppositely, Alternatively इसके विपरीत

15. **Longstanding** (adjective) – Long-term, Persistent, Enduring, Established, Chronic दीर्घकालिक

16. **Milieu** (noun) – Environment, Setting, Context, Background, Atmosphere परिवेश

17. **Audit** (noun) – Review, Inspection, Examination, Assessment, Evaluation लेखा परीक्षण

18. **Consistently** (adverb) – Regularly, Steadily, Constantly, Uniformly, Reliably लगातार

19. **Pace** (noun) – Speed, Rate, Tempo, Momentum, Progress गति

20. **Set up** (phrasal verb) – Establish, Create, Form, Organize, Initiate स्थापित करना

21. **Erstwhile** (adjective) – Former, Previous, Past, Ex-, One-time पूर्व

22. **Mechanism** (noun) – System, Process, Framework, Procedure, Structure तंत्र

23. **Voluntary** (adjective) – Optional, Willing, Unforced, Discretionary, Uncompelled स्वैच्छिक

24. **Collaboration** (noun) – Partnership, Cooperation, Alliance, Teamwork, Coordination सहयोग

25. **Debate** (noun) – Discussion, Discourse, Argument, Deliberation, Dialogue **बहस**

26. **Emphasise** (verb) – Highlight, Stress, Underline, Accentuate, Reinforce **जोर देना**

27. **Cross-border** (adjective) – International, Transnational, Global, Foreign, Overseas **सीमा पार**

28. **Collaboration** (noun) – Partnership, Cooperation, Alliance, Teamwork, Coordination **सहयोग**

29. **Wing** (noun) – Branch, Division, Section, Unit, Department **शाखा**

30. **The need of the hour** (phrase) – Urgency, Priority, Necessity, Requirement, Demand **समय की मांग**

31. **Liberalise** (verb) – Relax, Ease, Deregulate, Open up, Loosen **उदार बनाना**

32. **Perhaps** (adverb) – Maybe, Possibly, Potentially, Conceivably, Perchance **शायद**

33. **Take cue** (phrase) – Follow, Imitate, Learn, Adopt, Emulate **संकेत लेना**

34. **Consistent** (adjective) – Steady, Regular, Reliable, Uniform, Constant **सुसंगत**

35. **Nurture** (verb) – Foster, Cultivate, Encourage, Support, Develop **पोषण करना**

36. **Cater** (to) (verb) – Serve, Provide, Accommodate, Fulfill, Meet **पूरा करना**

The Hindu Editorial: A jab in time (19 MAR 2025)

1. **Jab** (noun) – Injection, Shot, Vaccination, Dose, Immunization टीका

2. **Push** (for) (verb) – Advocate, Promote, Encourage, Urge, Support प्रोत्साहित करना

3. **Cautionary** (adjective) – Warning, Advisory, Preventive, Alerting, Precautionary चेतावनीपूर्ण

4. **Predominant** (adjective) – Dominant, Main, Primary, Leading, Prevalent प्रमुख

5. **Strain** (noun) – Variant, Type, Form, Subtype, Version प्रकार

6. **Pulmonologist** (noun) – Lung specialist, Respiratory doctor, Chest physician, Pulmo doctor, Lung expert फेफड़े विशेषज्ञ

7. **Contagious** (adjective) – Infectious, Transmissible, Communicable, Spreading, Catching संक्रामक

8. **Conflate** (verb) – Combine, Merge, Blend, Mix, Fuse मिलाना

9. **Accompany** (verb) – Follow, Coincide, Occur with, Go with, Attend साथ होना

10. **Fatigue** (noun) – Tiredness, Exhaustion, Weariness, Lethargy, Weakness थकान

11. **Stuffy** (adjective) – Congested, Blocked, Clogged, Stifling, Airless भरा हुआ

12. **Varying** (adjective) – Different, Diverse, Changing, Fluctuating, Mixed विविध

13. **Severity** (noun) – Intensity, Harshness, Seriousness, Gravity, Acuteness गंभीरता

14. **Mild** (adjective) – Moderate, Gentle, Light, Slight, Minor हल्का

15. **Hospitalisation** (noun) – Admission, Treatment, Care, Confinement, Inpatient stay अस्पताल में भर्ती

16. **Coincide** (with) (verb) – Occur simultaneously, Overlap, Align, Match, Correspond साथ होना

17. **Lead** (to) (verb) – Result in, Cause, Bring about, Trigger, Produce वजह बनना

18. **Peak** (noun) – Height, Summit, Apex, Climax, Top चरम

19. **Surveillance** (noun) – Monitoring, Observation, Watch, Supervision, Tracking निगरानी

20. **Strengthen** (verb) – Reinforce, Boost, Enhance, Fortify, Intensify मजबूत करना

21. **Robust** (adjective) – Strong, Sturdy, Resilient, Durable, Vigorous मजबूत

22. **Diagnostic** (adjective) – Analytical, Testing, Investigative, Identificatory, Evaluative नैदानिक

23. **Epidemiologist** (noun) – Disease expert, Public health specialist, Infection analyst, Health researcher, Outbreak investigator महामारी विशेषज्ञ

24. **Keep tabs on** (phrase) – Monitor, Track, Watch, Observe, Follow नजर रखना

25. **In sync with** (phrase) – Aligned, Coordinated, Harmonized, Matched, Synchronized तालमेल में

26. **In place** (phrase) – Established, Operational, Functional, Active, Set up लागू

27. **Uptick** (noun) – Increase, Rise, Surge, Growth, Boost **वृद्धि**

28. **At hand** (phrase) – Immediate, Present, Current, Pending, Available **तत्काल**

29. **Outbreak** (noun) – Epidemic, Surge, Spurt, Flare-up, Eruption **प्रकोप**

30. **Anticipate** (verb) – Expect, Predict, Foresee, Prepare for, Await **अनुमान लगाना**

31. **Inculcate** (verb) – Instill, Implant, Impart, Embed, Foster **मन में बैठाना**

32. **Preservation** (noun) – Protection, Conservation, Safeguarding, Maintenance, Safekeeping **संरक्षण**

33. **Spectrum** (noun) – Range, Scope, Span, Gamut, Variety **विस्तार**, **रेंज**

34. **Pay attention** (phrase) – Focus, Concentrate, Heed, Attend, Listen **ध्यान देना**

35. **Chronic** (adjective) – Persistent, Long-term, Ongoing, Continuous, Recurring **दीर्घकालिक**

36. **By and large** (phrase) – Generally, Mostly, Overall, Mainly, Predominantly **आम तौर पर**

37. **Immunisation** (noun) – Vaccination, Inoculation, Protection, Shots, Immunization **टीकाकरण**

38. **Get the short shrift** (phrase) – Neglect, Ignore, Overlook, Sideline, Disregard **उपेक्षा करना**

39. **Whim** (noun) – Fancy, Impulse, Caprice, Notion, Desire **मनमर्जी**

The Hindu Editorial: Changed circumstances (20 MAR 2025)

1. **Extremism** (noun) – Radicalism, Fanaticism, Militancy, Zealotry, Fundamentalism चरमपंथ

2. **Receptive** (adjective) – Open, Responsive, Accepting, Amenable, Welcoming ग्रहणशील

3. **Acknowledge** (verb) – Admit, Recognize, Accept, Concede, Confirm स्वीकार करना

4. **Urge** (verb) – Encourage, Push, Advocate, Press, Persuade आग्रह करना

5. **Designate** (verb) – Name, Label, Identify, Classify, Appoint नामित करना

6. **Cite** (verb) – Mention, Refer, Quote, Specify, Highlight हवाला देना

7. **Alleged** (adjective) – Supposed, Claimed, Reported, Purported, Accused कथित

8. **Backing** (noun) – Support, Endorsement, Funding, Assistance, Sponsorship समर्थन

9. **Chair** (verb) – Lead, Head, Preside, Direct, Manage अध्यक्षता करना

10. **Take place** (phrase) – Occur, Happen, Transpire, Materialize, Unfold घटित होना

11. **Flagship** (adjective) – Leading, Primary, Main, Premier, Principal प्रमुख

12. **Advocate** (verb) – Support, Promote, Champion, Endorse, Recommend समर्थन करना

13. **Seek** (verb) – Pursue, Aim, Strive, Search, Request तलाश करना

14. **Establish** (verb) – Create, Found, Set up, Build, Institute स्थापित करना

15. **Sovereign** (adjective) – Independent, Autonomous, Self-governing, Supreme, Free संप्रभु

16. **Lead** (to) (verb) – Result in, Cause, Bring about, Trigger, Produce वजह बनना

17. **Assassination** (noun) – Murder, Killing, Execution, Elimination, Slaying हत्या

18. **Resurgence** (noun) – Revival, Rebirth, Renewal, Recovery, Comeback पुनरुत्थान

19. **Heckle** (verb) – Interrupt, Taunt, Jeer, Harass, Provoke सवालों से घेरना

20. **Lodge** (verb) – File, Submit, Register, Present, Raise दर्ज करना

21. **Address** (verb) – Tackle, Handle, Confront, Resolve, Deal with निपटाना

22. **Lacklustre** (adjective) – Dull, Uninspired, Mediocre, Unimpressive, Flat निराशाजनक

23. **Allegation** (noun) – Accusation, Claim, Charge, Assertion, Indictment आरोप

24. **Sympathizer** (noun) – Supporter, Ally, Backer, Advocate, Follower समर्थक

25. **Strained** (adjective) – Tense, Difficult, Stressed, Troubled, Uncomfortable तनावपूर्ण

26. **Bilateral** (adjective) – Two-sided, Mutual, Reciprocal, Joint, Collaborative द्विपक्षीय

27. **Tense** (adjective) – Strained, Stressed, Nervous, Anxious, Uncomfortable तनावग्रस्त

28. **Orchestrate** (verb) – Organize, Coordinate, Arrange, Plan, Manage योजना बनाना

29. **Plot** (noun) – Scheme, Conspiracy, Plan, Strategy, Intrigue **साजिश**

30. **Refrain** (from) (verb) – Abstain, Avoid, Hold back, Resist, Desist **बचना**

31. **Accompany** (verb) – Escort, Attend, Follow, Join, Go with **साथ जाना**

32. **Incline** (verb) – Tend, Lean, Favor, Prefer, Gravitate **झुकाव होना**

33. **Escalate** (verb) – Intensify, Increase, Heighten, Amplify, Worsen **बढ़ाना**

34. **Push** (for) (verb) – Advocate, Promote, Urge, Press, Campaign **प्रोत्साहित करना**

35. **By and large** (phrase) – Generally, Mostly, Overall, Mainly, Predominantly **आम तौर पर**

36. **Cohesive** (adjective) – United, Integrated, Unified, Solid, Connected **सुसंगत**

37. **Diaspora** (noun) – Expatriates, Emigrants, Migrants, Community, Settlers **प्रवासी**

The Indian Express Editorial: Cancer care, closer home (21 MAR 2025)

1. **Reckon** (verb) – Estimate, Calculate, Consider, Believe, Think **मानना**

2. **Likely** (adjective) – Probable, Possible, Expected, Plausible, Anticipated **संभावित**

3. **Underestimate** (noun) – Underestimation, Underestimation, Lowball, Misjudgment, Undervaluation **कम आंकना**

4. **Screening** (noun) – Testing, Examination, Check-up, Detection, Assessment **जांच**

5. **Constitute** (verb) – Form, Comprise, Make up, Represent, Compose **गठित करना**

6. **Malignancy** (noun) – Cancer, Tumor, Carcinoma, Growth, Disease **घातकता**

7. **Initiation** (noun) – Start, Beginning, Commencement, Launch, Introduction **शुरुआत**

8. **Equip** (with) (verb) – Provide, Supply, Furnish, Arm, Outfit **सुसज्जित करना**

9. **Blueprint** (noun) – Plan, Design, Framework, Outline, Scheme **योजना**

10. **Vary** (verb) – Differ, Change, Fluctuate, Shift, Alter **भिन्न होना**

11. **Conservative** (adjective) – Cautious, Moderate, Traditional, Reserved, Prudent **रूढ़िवादी**

12. **Oncologist** (noun) – Cancer specialist, Cancer doctor, Tumor expert, Oncology physician, Cancer physician **कैंसर विशेषज्ञ**

13. **For starters** (phrase) – Initially, To begin with, First of all, At first, In the beginning **शुरुआत में**

14. **Upscale** (verb) – Upgrade, Enhance, Improve, Expand, Elevate **उन्नत करना**

15. **Come forward** (phrase) – Volunteer, Step up, Offer, Present oneself, Emerge **आगे आना**

16. **Diagnostic** (adjective) – Analytical, Testing, Investigative, Identificatory, Evaluative **नैदानिक**

17. **Policymaker** (noun) – Decision-maker, Legislator, Administrator, Regulator, Planner **नीति निर्माता**

18. **Expertise** (noun) – Skill, Knowledge, Proficiency, Mastery, Competence **विशेषज्ञता**

19. **Taxing** (adjective) – Demanding, Stressful, Exhausting, Draining, Challenging **थकाने वाला**

20. **Complement** (verb) – Supplement, Enhance, Complete, Balance, Augment **पूरक होना**

21. **Telehealth** (noun) – the provision of healthcare remotely by means of telecommunications technology.

22. **Mitigate** (verb) – Reduce, Alleviate, Lessen, Diminish, Ease **कम करना**

23. **Deficit** (noun) – Shortfall, Lack, Deficiency, Insufficiency, Gap **कमी**

The Daily Pioneer Editorial: Women entrepreneurs plant the seeds of health (22 MAR 2025)

1. **Fidgety** (adjective) – Restless, Nervous, Anxious, Agitated, Twitchy बेचैन

2. **Blare** (verb) – Blast, Boom, Roar, Shout, Clamour गर्जना

3. **Makeshift** (adjective) – Temporary, Improvised, Provisional, Makeshift, Stopgap अस्थायी

4. **Eagerly** (adverb) – Enthusiastically, Keenly, Excitedly, Impatiently, Anxiously उत्सुकता से

5. **Settle down** (phrasal verb) – Relax, Calm, Comfort, Stabilize, Unwind शांत होना

6. **Rivet** (verb) – Fix, Focus, Attract, Captivate, Engross ध्यान केंद्रित करना

7. **Snazzily** (adverb) – Stylishly, Fashionably, Elegantly, Smartly, Trendily चमकदार ढंग से

8. **Mumble** (verb) – Mutter, Murmur, Whisper, Stammer, Slur बुदबुदाना

9. **Crescendo** (noun) – Peak, Climax, Summit, Apex, High point चरमोत्कर्ष

10. **Illness** (noun) – Disease, Sickness, Ailment, Disorder, Malady बीमारी

11. **Vanish** (verb) – Disappear, Fade, Evaporate, Dissolve, Vanish गायब होना

12. **Sapling** (noun) – Seedling, Young plant, Sprout, Shoot, Sapling पौधा

13. **Set up** (phrasal verb) – Establish, Create, Build, Arrange, Organize स्थापित करना

14. **Vastly** (adverb) – Greatly, Significantly, Enormously, Immensely, Substantially बहुत अधिक

15. **Reap** (verb) – receive, obtain, get, acquire, bring in प्राप्त करना

16. **Deft** (adjective) – Skilled, Adroit, Nimble, Proficient, Agile निपुण

17. **Weave** (verb) – Intertwine, Braid, Knit, Entwine, Plait बुनना

18. **Curiosity** (noun) – Interest, Inquisitiveness, Wonder, Intrigue, Fascination जिज्ञासा

19. **Marginalised** (adjective) – Neglected, sidelined, isolated, ignored वंचित लोग

20. **Sowing** (noun) – Planting, Seeding, Cultivating, Growing, Farming बुवाई

21. **Empowerment** (noun) – Enablement, Liberation, Strengthening, Upliftment, Authorization सशक्तिकरण

22. **Thanks to** (phrase) – Due to, Because of, Owing to, As a result of, On account of के कारण

23. **Address** (verb) – Tackle, Handle, Confront, Resolve, Deal with सुलझाना

24. **Trimester** (noun) – Three-month period, Quarter, Phase, Stage, Term त्रैमासिक

25. **Anaemic** (adjective) – Weak, Pale, Feeble, Lethargic, Tired रक्तहीन

26. **Backyard** (noun) – The grounds in back of a house पिछला आंगन

27. **Intake** (noun) – Consumption, Ingestion, Absorption, Uptake, Input **सेवन**

28. **Proactive** (adjective) – Active, Initiative, Forward-looking, Dynamic, Energetic **सक्रिय**

29. **Yield** (verb) – Produce, Generate, Provide, Deliver, Bear **उत्पन्न करना**

30. **Anaemia** (noun) – a medical condition in which there are not enough red cells in the blood **खून की कमी**

31. **Prevalence** (noun) – Commonness, Frequency, Ubiquity, Dominance, Spread **प्रसार**

32. **Linkage** (noun) – Connection, Association, Relationship, Bond, Tie **जुड़ाव**

33. **State** (verb) – Declare, Assert, Affirm, Announce, Express **कहना**

34. **Boost** (verb) – Increase, Enhance, Improve, Strengthen, Elevate **बढ़ाना**

35. **Span** (verb) – Cover, Extend, Stretch, Encompass, Last **फैलाना**

36. **Remarkable** (adjective) – Extraordinary, Notable, Impressive, Striking, Outstanding **उल्लेखनीय**

37. **Empower** (verb) – Enable, Strengthen, Authorize, Liberate, Uplift **सशक्त करना**

38. **Conjure** (verb) – make (something) appear unexpectedly or seemingly from nowhere. **दिखाना**