

English Madhyam

(Weekly vocabulary compilation)

From 15 SEP 2025 TO 25 SEP 2025

For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC,
B. Ed and other competitive exams.



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Part - A

The Hindu Editorial: Scam space (15 SEP 2025)

1. **Proactively** (adverb) – ahead of time, preventively, pre-emptively, in advance, anticipatorily पूर्वसावधानी से
2. **Police** (verb) – to control or maintain order नियंत्रण करना
3. **Disproportionate** (adjective) – excessive, outsized, lopsided, inordinate, unbalanced असंगत
4. **Illustrate** (verb) – demonstrate, exemplify, show, highlight, underscore दिखाना
5. **Persuade** (verb) – convince, coax, induce, sway, win over मनाना
6. **Endorse** (verb) – approve, back, support, validate, vouch for समर्थन करना
7. **Deepfake** (noun) – a video of a person in which their face or body has been digitally altered so that they appear to be someone else, typically used maliciously or to spread false information. एआई-निर्मित भ्रामक वीडियो
8. **Feature** (verb) – include, present, showcase, depict, highlight प्रदर्शित करना
9. **Lend** (verb) – confer, give, add, bestow, impart प्रदान करना
10. **Credibility** (noun) – trustworthiness, believability, reliability, plausibility, legitimacy विश्वसनीयता
11. **Cryptocurrency** (noun) – a digital currency in which transactions are verified and records maintained by a decentralized system using cryptography, rather than by a centralized authority. क्रिप्टोकॉइन्
12. **Literacy** (noun) – knowledge, competence, fluency, awareness, proficiency साक्षरता
13. **Wide** (adjective) – broad, widespread, extensive, far-reaching, pervasive व्यापक
14. **Smartphone penetration** (noun) – the percentage of the total population in a specific area that owns and actively uses a smartphone स्मार्टफोन प्रसार
15. **Rapid** (adjective) – fast, swift, quick, brisk, accelerated तेज़
16. **Manipulation** (noun) – tampering, distortion, rigging, falsification, gaming छेड़छाड़
17. **Fabricated** (adjective) – fake, forged, concocted, made-up, falsified मनगढ़ंत
18. **Often** (adverb) – frequently, regularly, many times, commonly, repeatedly अक्सर

19. **Uneven** (adjective) – patchy, inconsistent, irregular, lopsided, variable
असमान
20. **Vulnerable** (to) (adjective) – susceptible, exposed, prone, at risk, defenceless
आसानी से प्रभावित
21. **Sophisticated** (adjective) – advanced, cutting-edge, complex, refined, high-tech
जटिल
22. **Deception** (noun) – fraud, deceit, trickery, misrepresentation, duping
धोखाधड़ी
23. **Classify** (verb) – categorise, designate, label, define, sort श्रेणीबद्ध करना
24. **Conventional** (adjective) – traditional, standard, established, orthodox, customary पारंपरिक
25. **Impunity** (noun) – immunity, exemption from punishment, free pass, indemnity, carte blanche दण्ड-मुक्ति
26. **Host** (verb) – store (a website or other data) on a server or other computer so that it can be accessed over the internet.
होस्ट करना
27. **Passively** (adverb) – reactively, inertly, without initiative, non-assertively, hands-off निष्क्रिय रूप से
28. **Advisory** (noun) – notice, guidance, bulletin, advisory note, public warning
परामर्श
29. **Mechanism** (noun) – system, process, framework, tool, arrangement तंत्र
30. **Emphasise** (verb) – stress, underline, highlight, accentuate, underscore ज़ोर देना/मुख्यता देना
31. **Proactive** (adjective) – preventive, anticipatory, pre-emptive, forward-looking, ahead-of-the-curve सक्रिय
32. **Entrap** (verb) – lure, ensnare, entangle, bait, decoy फँसाना
33. **Takedown** (noun) – removal, takedown action, deplatforming, deletion, pull-down हटाने की कार्रवाई
34. **Moderation** (noun) – the action of making something less extreme, intense, or violent.
35. **Manipulated** (adjective) – edited, altered, doctored, tampered, synthetic बदला/छेड़ा हुआ
36. **Sustained** (adjective) – ongoing, continuous, prolonged, long-running, persistent सतत
37. **Monitoring** (noun) – surveillance, tracking, oversight, watch, auditing निगरानी रखना

38. **Intrusive** (adjective) – invasive, prying, overbearing, nosy, privacy-eroding देखल देने वाला

39. **Scrutiny** (noun) – close examination, inspection, vetting, review, audit सूक्ष्म जाँच

40. **Systemic** (adjective) – structural, across-the-board, deep-rooted, organisation-wide, endemic व्यवस्थागत

41. **Vulnerability** (noun) – weakness, exposure, susceptibility, soft spot, risk point कमज़ोरी

42. **Cross-border** (adjective) – transnational, international, across jurisdictions, cross-territorial, extra-territorial सीमा-पार

43. **Entail** (verb) – involve, require, lead to, bring about, necessitate शामिल करना

The Hindu Editorial: Sliver of hope (16 SEP 2025)

1. **Sliver of hope** (phrase) – a very small chance or reason to be optimistic आशा की छोटी सी किरण
2. **Inclusive** (adjective) – comprehensive, broad-based, all-encompassing, embracing, integrative समावेशी
3. **Habitat** (noun) – natural environment, home range, ecosystem, biotope, dwelling place आवास
4. **Notable** (adjective) – remarkable, noteworthy, significant, outstanding, conspicuous उल्लेखनीय
5. **Advance** (noun) – progress, headway, step forward, improvement, breakthrough प्रगति
6. **Census** (noun) – population count, enumeration, survey, headcount, tally जनगणना
7. **Demographic** (adjective) – population-related, population-based, sociodemographic, census-based, statistical जनांकिकीय
8. **Diversity** (noun) – variety, heterogeneity, multiplicity, range, breadth विविधता
9. **Imply** (verb) – suggest, indicate, connote, hint, entail संकेत करना
10. **Ecological** (adjective) – environmental, ecosystemic, bio-ecological, green, eco-centric पारिस्थितिक
11. **Marker** (noun) – indicator, sign, hallmark, benchmark, signal संकेतक
12. **Gradually** (adverb) – slowly, progressively, step-by-step, incrementally, over time धीरे-धीरे
13. **Fixation** (noun) – obsession, preoccupation, single-minded focus, mania, infatuation आसक्ति
14. **Charismatic** (adjective) – magnetic, compelling, captivating, iconic, appealing करिश्माई/आकर्षक
15. **Disproportionately** (adverb) – unduly, excessively, inordinately, out of proportion, overly अनुपात से अधिक
16. **Direct** (verb) – steer, aim, channel, guide, target निर्देशित करना
17. **Mobilise** (verb) – rally, muster, galvanise, marshal, activate जुटाना
18. **Command** (verb) – garner, attract, merit, elicit, deserve प्राप्त/आकर्षित करना
19. **Affection** (noun) – fondness, liking, warmth, tenderness, love स्नेह
20. **Demonstrate** (verb) – show, exhibit, illustrate, prove, manifest प्रदर्शित करना
21. **Statutory** (adjective) – legal, mandated, legislated, codified, by-law वैधानिक

22. **Couple** (with) (verb) – combine with, link with, pair with, join to, accompany
के साथ जोड़ना
23. **Yield** (verb) – produce, generate, deliver, give, result in उत्पन्न करना
24. **Durable** (adjective) – long-lasting, enduring, robust, resilient, hard-wearing टिकाऊ
25. **Prominent** (adjective) – leading, notable, eminent, conspicuous, standout प्रमुख
26. **Often** (adverb) – frequently, regularly, repeatedly, commonly, many times अक्सर
27. **Subordinate** (verb) – relegate, downgrade, demote, make secondary, place beneath अधीन करना
28. **Blanket** (adjective) – comprehensive, across-the-board, sweeping, universal, all-encompassing सर्वव्यापी
29. **Captive breeding** (noun) – the process of keeping plants or animals in controlled environments, such as wildlife reserves, zoos, botanic gardens, and other conservation facilities.
30. **Absolute** (adjective) – total, complete, unequivocal, unqualified, outright पूर्ण
31. **Adequately** (adverb) – sufficiently, suitably, appropriately, satisfactorily, enough पर्याप्त रूप से
32. **Anticipate** (verb) – foresee, expect, predict, envision, look ahead to पूर्वानुमान करना
33. **Salinity** (noun) – saltiness, salt content, brininess, saline level, salt concentration खारापन
34. **Fragmentation** (noun) – breaking up, division, splintering, disintegration, segmentation विखंडन
35. **Hypercarnivorous** (adjective) – an animal that derives more than 70% of its diet from animal flesh अत्यधिक मांसाहारी
36. **Apex predator** (noun) – an animal that kills and eats other animals but is not normally eaten by any other animals.
37. **Prey** (noun) – quarry, victim species, game, target, food species शिकार/आहार-प्राणी
38. **Carcass** (noun) – animal corpse, remains, cadaver, carrion, dead body शव/मृतदेह
39. **Mangrove** (noun) – a tidal swamp which is dominated by mangroves. मैंग्रोव/ज्वारीय वन
40. **Creek** (noun) – tidal channel, inlet, streamlet, backwater, estuarine channel खाड़ी/नाला
41. **Sustain** (verb) – maintain, uphold, support, nourish, keep going बनाए रखना

42. **Immense** (adjective) – enormous, vast, colossal, massive, tremendous अत्यंत विशाल
43. **Juvenile** (adjective) – young, immature, adolescent, subadult, fledgling किशोर
44. **Marker** (noun) – indicator, sign, hallmark, benchmark, cue संकेतक
45. **Delta** (noun) – a triangular tract of sediment deposited at the mouth of a river, typically where it diverges into several outlets. डेल्टा/नदीमुख समतल
46. **Erosion** (noun) – wearing away, degradation, scouring, abrasion, denudation अपरदन/कटाव
47. **Narrow** (verb) – constrict, contract, reduce, shrink, taper संकरा/घटाना
48. **Niche** (noun) – A niche is an organism's specific position or purpose within the group of organisms with which it lives भूमिका
49. **Establish** (verb) – set up, create, found, institute, secure स्थापित करना
50. **Stable** (adjective) – steady, constant, firm, balanced, secure स्थिर
51. **Bolster** (verb) – strengthen, reinforce, buttress, fortify, shore up मज़बूत करना
52. **Resilience** (noun) – robustness, adaptability, bounce-back ability, hardiness, resistance संकट-झेलने की क्षमता
53. **Trajectory** (noun) – path, course, trend, arc, progression पथ/प्रवृत्ति/दिशा
54. **Highlight** (verb) – emphasize, underscore, spotlight, showcase, bring to the fore ज़ोर देना
55. **Accompany** (verb) – go with, attend, coincide with, be coupled with, come with साथ होना
56. **Proactive** (adjective) – preventive, anticipatory, pre-emptive, forward-looking, ahead-of-the-curve सक्रिय
57. **Recalibrated** (adjective) – readjusted, realigned, retuned, reoriented, reset पुनर्समायोजित
58. **Beloved** (adjective) – cherished, much-loved, dear, adored, popular प्रिय/अत्यंत प्रिय
59. **Essential** (adjective) – vital, indispensable, crucial, fundamental, necessary आवश्यक
60. **Amphibian** (noun) – frog, toad, salamander, newt, caecilian उभयचर
61. **Anticipatory** (adjective) – predictive, preparatory, forward-looking, pre-emptive, expectant पूर्वतैयार
62. **Refugia** (noun) – refuges, climate shelters, safe habitats, sanctuaries, refuge areas आश्रयस्थल/शरण-स्थल
63. **Assist** (verb) – help, aid, support, facilitate, back सहायता करना

64. **Illustrate** (verb) – demonstrate, exemplify, show, depict, clarify
उदाहरण देकर समझाना/दर्शाना

65. **Non-charismatic** (adjective) – unglamorous, low-profile, less appealing, uncharismatic, non-iconic
गैर-करिश्माई/कम आकर्षक

66. **Sustained** (adjective) – continuous, ongoing, prolonged, persistent, steady
सतत

67. **Inclusive** (adjective) – all-embracing, comprehensive, broad-based, embracing, integrative समावेशी

The Indian Express Editorial: Israel should heed UNGA resolution (17 SEP 2025)

1. **Heed** (verb) – observe, pay attention to, listen to, take note of, mind ध्यान देना
2. **Resolution** (noun) – decision, declaration, motion, determination, pronouncement प्रस्ताव
3. **Sovereign** (adjective) – independent, autonomous, self-governing, supreme, self-rule संप्रभु
4. **Date back to** (phrase) – to originate from a particular time in the past (के) समय से चला आना
5. **Notable** (adjective) – significant, remarkable, noteworthy, outstanding, conspicuous उल्लेखनीय
6. **Oslo Accord** (noun) – The 1993–95 Israel–PLO agreements establishing a peace framework and limited Palestinian self-rule ओस्लो समझौता (इज़राइल-पीएलओ शांति ढांचा)
7. **Occupation** (noun) – military control, takeover, annexation, domination, possession कब्ज़ा
8. **Subsequent** (adjective) – later, following, ensuing, afterward, succeeding बाद का
9. **Settlement** (noun) – colony, outpost, community, habitation, establishment बस्ती/आवास (यहाँ: यहूदी बस्तियाँ)
10. **Expansion** (noun) – enlargement, growth, extension, spread, proliferation विस्तार
11. **The latter** (noun) – Here it refers to 'the West Bank'.
12. **Erode** (verb) – wear away, undermine, diminish, whittle down, corrode कमज़ोर करना
13. **Brutal** (adjective) – ruthless, savage, cruel, merciless, barbaric क्रूर
14. **Overwhelmingly** (adverb) – by a large majority, decisively, massively, resoundingly, heavily भारी बहुमत से
15. **Endorse** (verb) – support, back, approve, ratify, affirm समर्थन करना
16. **Stem from** (phrasal verb) – to arise or originate from से उत्पन्न होना
17. **Host** (verb) – hold, convene, organize, stage, arrange आयोजन करना
18. **Call for** (phrasal verb) – to demand or request publicly; to require की माँग करना
19. **Tangible** (adjective) – concrete, real, measurable, palpable, substantive ठोस
20. **Timebound** (adjective) – time-limited, time-framed, deadline-driven, scheduled, bounded by time समयबद्ध
21. **Irreversible** (adjective) – irrevocable, final, unalterable, permanent, one-way अपरिवर्तनीय

22. **Establishment** (noun) – creation, formation, setting up, institution, founding स्थापना
23. **Abstention** (noun) – withholding of vote, non-voting, abstaining, neutrality, pass मतदान से परहेज़
24. **Humanitarian** (adjective) – compassionate, relief-oriented, life-saving, benevolent, philanthropic मानवीय
25. **Truce** (noun) – ceasefire, armistice, pause in hostilities, cessation, stand-down युद्धविराम
26. **Binding** (adjective) – compulsory, obligatory, enforceable, mandatory, legally required बाध्यकारी
27. **Extinguish** (verb) – wipe out, snuff out, annihilate, eradicate, quash समाप्त/मिट देना
28. **Keep the flame alive** (phrase) – to maintain hope or momentum for an idea/cause आशा/विचार को जीवित रखना
29. **Ally** (noun) – partner, supporter, friend, confederate, backer सहयोगी
30. **Misguided** (adjective) – ill-advised, mistaken, misdirected, wrongheaded, erroneous भ्रामक
31. **Ill-timed** (adjective) – inopportune, badly timed, untimely, premature, awkwardly timed अनुचित समय पर
32. **Unapologetically** (adverb) – unrepentantly, without remorse, defiantly, unapologetically, unabashedly बिना खेद
33. **Compromise** (noun) – settlement, middle ground, accommodation, give-and-take, concord समझौता
34. **The bloodshed** (noun) – carnage, slaughter, killing, massacre, loss of life रक्तपात
35. **Hostage** (noun) – captive, abductee, detainee, prisoner, pawn बंधक

The Indian Express Editorial: Amid extreme weather events (18 SEP 2025)

1. **Amid** (preposition) – among, amidst, in the middle of, during, in the midst of के बीच/के दौरान
2. **Cloud burst** (noun) – torrential downpour, sudden deluge, cloudburst rain, cloudburst event, violent shower बादल फटना
3. **Flash flood** (noun) – a sudden local flood, typically due to heavy rain. आकस्मिक बाढ़
4. **Landslide** (noun) – landslip, slope failure, mass wasting, debris slide, mudslide भूस्खलन
5. **Trigger** (verb) – cause, spark, set off, ignite, precipitate कारण बनना
6. **Sweep away** (phrasal verb) – to carry off/remove completely by force (esp. by water) बहा ले जाना
7. **Reportedly** (adverb) – allegedly, as reported, purportedly, per reports, by accounts बताया जाता है
8. **Erratic** (adjective) – unpredictable, irregular, capricious, inconsistent, volatile अनियमित
9. **Consensus** (noun) – general agreement, common accord, unanimity, concurrence, collective view सर्वसम्मति
10. **Vulnerable** (to) (adjective) – susceptible, prone, exposed, at risk, defenceless प्रभावित होने योग्य
11. **Fury** (noun) – wrath, rage, ferocity, violence, intensity प्रचंडता
12. **Re-examine** (verb) – review, reassess, reappraise, reconsider, re-evaluate पुनः जाँचना
13. **Stretch** (noun) – section, segment, span, length, tract मार्ग/सड़क का खंड
14. **Geology** (noun) – the science that deals with the earth's physical structure and substance, its history, and the processes that act on it. भू-विज्ञान
15. **Subterranean** (adjective) – underground, subsurface, below-ground, underfoot, beneath the surface भूमिगत
16. **Prone** (to) (adjective) – susceptible, liable, inclined, disposed, vulnerable प्रवृत्त
17. **Precarity** (noun) – instability, insecurity, shakiness, uncertainty, fragility अस्थिरता
18. **Point out** (phrasal verb) – to indicate; to draw attention to something इंगित करना
19. **Fracture** (verb) – crack, break, fissure, splinter, shatter तोड़ना

20. **Corridor** (noun) – route, passage, belt, pathway, thoroughfare गलियारा
21. **Flag** (verb) – highlight, signal, raise, mark, warn about चेतावनी देना
22. **Examine** (verb) – inspect, scrutinize, assess, evaluate, probe जाँचना
23. **Arrest** (verb) – halt, stop, check, stem, retard रोकना
24. **Avalanche** (noun) – snow slide, snowslip, snow avalanche, slab avalanche, snow torrent हिमस्खलन
25. **Runoff** (noun) – the draining away of water (or substances carried in it) from the surface of an area of land, a building or structure, etc. पृष्ठीय बहाव
26. **Saturating soil** (noun) – soil where all of the air voids are completely filled with water, resulting in a 100% degree of saturation जलसंतृप्त मृदा
27. **Susceptibility** (to) (noun) – vulnerability, proneness, sensitivity, liability, receptivity संवेदनशीलता
28. **Caveat** (noun) – warning, caution, proviso, qualification, condition चेतावनी
29. **Zeal** (noun) – enthusiasm, ardour, fervour, eagerness, keenness उत्साह/जोश
30. **Idiosyncrasy** (noun) – peculiarity, quirk, distinctive trait, singularity, uniqueness विलक्षणता/विशेषता
31. **Red flag** (noun) – a warning sign indicating danger or a problem खतरे/समस्या का संकेत
32. **Scrupulous** (adjective) – meticulous, thorough, conscientious, exacting, careful सूक्ष्म
33. **Long-overdue** (adjective) – much-delayed, belated, overdue, long-pending, tardy बहुत देर से लंबित
34. **Course correction** (noun) – an adjustment in plan/policy to get back on the right track दिशा-सुधार/मार्ग-संशोधन

The Pioneer Editorial: Forgiveness as ontology of human survival. (19 SEP 2025)

1. **Forgiveness** (noun) – pardon, mercy, absolution, clemency, leniency क्षमा
2. **Ontology** (noun) the branch of metaphysics dealing with the nature of being.
3. **Edge** (verb) – move gradually, inch, advance, approach, creep धीरे-धीरे बढ़ना
4. **Collapse** (noun) – downfall, breakdown, failure, crumbling, ruin पतन / ढहना
5. **Armed** (adjective) – equipped, weaponized, fortified, militarized, defended हथियारबंद
6. **Clash** (noun) – conflict, confrontation, collision, skirmish, battle टकराव
7. **Escalate** (verb) – intensify, worsen, heighten, magnify, aggravate बढ़ाना
8. **Ceasefire** (noun) – truce, armistice, peace agreement, suspension of hostilities, halt युद्धविराम
9. **Persist** (verb) – continue, endure, persevere, remain, prevail बने रहना
10. **Fuel** (verb) – ignite, stimulate, drive, provoke, encourage बढ़ावा देना / भड़काना
11. **Geopolitical** (adjective) – relating to international politics, strategic, global-political, territorial-political, world-affairs भू-राजनीतिक
12. **Erode** (verb) – wear away, corrode, deteriorate, undermine, diminish क्षीण करना
13. **Looming** (adjective) – impending, approaching, threatening, imminent, overhanging निकट आने वाला
14. **Undermine** (verb) – weaken, sabotage, damage, impair, subvert कमज़ोर करना
15. **Corrode** (verb) – eat away, erode, destroy, deteriorate, decay नष्ट करना
16. **Humanitarian** (adjective) – benevolent, charitable, philanthropic, compassionate, altruistic मानवतावादी
17. **Strife** (noun) – conflict, discord, quarrel, contention, struggle संघर्ष
18. **Counter** (with) (verb) – oppose, resist, retaliate, refute, defy विरोध करना
19. **Dialogue** (noun) – conversation, discussion, discourse, exchange, debate संवाद
20. **Seek** (verb) – search, pursue, request, aspire, endeavour तलाश करना / माँगना
21. **Merely** (adverb) – only, simply, purely, just, solely मात्र / केवल
22. **Differences** (noun) – distinctions, dissimilarities, variations, disagreements, contrasts मतभेद
23. **Cherish** (verb) – treasure, value, nurture, appreciate, hold dear संजोना / कद्र करना

24. **Enrich** (verb) – enhance, improve, strengthen, uplift, deepen समृद्ध करना
25. **Against this backdrop** (phrase) – in this context, considering this situation, under these circumstances, in light of this, within this setting इस पृष्ठभूमि में / परिस्थिति में
26. **Cultivate** (verb) – nurture, foster, develop, promote, encourage विकसित करना
27. **Critical** (adjective) – crucial, vital, decisive, important, essential अत्यावश्यक
28. **Retaliation** (noun) – revenge, reprisal, vengeance, counterattack, retribution प्रतिशोध / बदला
29. **Disrupt** (verb) – disturb, interrupt, break, obstruct, derail बाधित करना
30. **Revenge** (noun) – vengeance, retribution, payback, reprisal, retaliation बदला
31. **Foster** (verb) – encourage, promote, nurture, support, cultivate बढ़ावा देना
32. **Reconciliation** (noun) – settlement, reunion, understanding, compromise, resolution मेल-मिलाप
33. **Cohesion** (noun) – unity, solidarity, togetherness, integration, bond एकता
34. **Highlight** (verb) – emphasize, underline, stress, accentuate, spotlight ज़ोर देना
35. **Observe** (verb) – celebrate or acknowledge (an anniversary). मनाना
36. **Rooted** (in) (adjective) – based on, grounded in, established in, entrenched in, derived from जड़ित / निहित
37. **Grudge** (noun) – resentment, bitterness, animosity, ill will, spite मनमुटाव
38. **Grant** (verb) – allow, permit, bestow, give, accord प्रदान करना
39. **Courage** (noun) – bravery, valor, fearlessness, audacity, boldness साहस
40. **Offend** (verb) – insult, hurt, provoke, irritate, displease आहत करना
41. **At times** (phrase) – sometimes, occasionally, now and then, intermittently, sporadically कभी-कभी
42. **Empathy** (noun) – understanding, compassion, sensitivity, rapport, fellow-feeling सहानुभूति
43. **Ease** (verb) – alleviate, reduce, lessen, relieve, mitigate कम करना
44. **Hostility** (noun) – enmity, hatred, animosity, opposition, aggression शत्रुता
45. **Self-esteem** (noun) – self-respect, confidence, self-worth, dignity, pride आत्म-सम्मान
46. **Gratitude** (noun) – thankfulness, appreciation, recognition, acknowledgment, indebtedness कृतज्ञता
47. **Reflect** (verb) – mirror, show, display, reveal, express दर्शाना

48. **Inherently** (adverb) – innately, intrinsically, naturally, fundamentally, essentially
स्वाभाविक रूप से
49. **Noble** (adjective) – virtuous, honourable, righteous, dignified, moral महान
50. **Affirm** (verb) – assert, declare, confirm, uphold, acknowledge पुष्टि करना
51. **Sanctity** (noun) – holiness, purity, divinity, inviolability, sacredness पवित्रता
52. **Cosmos** (noun) – universe, creation, world, nature, macrocosm ब्रह्मांड
53. **Virtue** (noun) – goodness, morality, righteousness, integrity, merit सद्गुण
54. **Humility** (noun) – modesty, meekness, submissiveness, humbleness, unpretentiousness विनम्रता
55. **Austerity** (noun) – self-discipline, frugality, severity, simplicity, abstinence सादगी / कठोरता
56. **Contentment** (noun) – satisfaction, fulfillment, happiness, gratification, ease संतोष
57. **Greed** (noun) – avarice, covetousness, selfishness, materialism, acquisitiveness लोभ / लालच
58. **Deceit** (noun) – fraud, trickery, dishonesty, deception, duplicity छल
59. **Harmonious** (adjective) – peaceful, melodious, coordinated, compatible, balanced सामंजस्यपूर्ण
60. **Scar** (verb) – injure, mar, damage, blemish, disfigure चोट पहुँचाना
61. **Self-centredness** (noun) – egotism, selfishness, narcissism, self-interest, egocentricity स्वार्थपरता
62. **Apathy** (noun) – indifference, unconcern, detachment, coldness, passivity उदासीनता
63. **Extremism** (noun) – fanaticism, radicalism, militancy, fundamentalism, zealotry उग्रवाद
64. **Rampant** (adjective) – widespread, uncontrolled, unchecked, prevalent, excessive अनियंत्रित
65. **Consumerism** (noun) – materialism, commercialism, acquisitiveness, overconsumption, capitalism उपभोक्तावाद
66. **Spare** (verb) – save, exempt, relieve, free, release बचाना / बख्शना
67. **Societal** (adjective) – social, communal, public, civic, collective सामाजिक
68. **Unconditional** (adjective) – absolute, total, complete, unrestricted, unqualified बिना शर्त
69. **Spontaneous** (adjective) – impulsive, unplanned, instinctive, natural, automatic स्वतःस्फूर्त
70. **Emphatic** (adjective) – forceful, assertive, vigorous, insistent, pronounced प्रभावी
71. **Multifaceted** (adjective) – complex, diverse, many-sided, versatile, varied बहुआयामी

72. **Equanimity** (noun) – calmness, composure, serenity, tranquility, poise
मानसिक संतुलन / समभाव

73. **Lead** (to) (verb) – result in, cause, bring about, give rise to, produce कारण बनना

The Hindu Editorial: Holistic approach (20 SEP 2025)

1. **Holistic** (adjective) – comprehensive, integrated, inclusive, all-encompassing, complete समग्र
2. **Deal with** (phrasal verb) – to manage, handle, or tackle a problem or situation सामना करना
3. **Stubble** (noun) – the cut stalks of cereal plants left sticking out of the ground after the grain is harvested. पराली
4. **Multi-pronged** (adjective) – multifaceted, many-sided, varied, diversified, broad-based बहुआयामी
5. **Broach** (verb) – raise, introduce, mention, propose, bring up मुद्दा उठाना
6. **Prosecute** (verb) – sue, indict, try, arraign, litigate मुकदमा करना
7. **Set fire** (phrase) – to ignite, burn, or cause something to catch fire आग लगाना
8. **Sowing** (noun) – planting, seeding, cultivation, germination, propagation बुआई
9. **Recede** (verb) – withdraw, retreat, diminish, abate, subside पीछे हटना / कम होना
10. **Adverse** (adjective) – unfavourable, harmful, detrimental, negative, hostile प्रतिकूल
11. **Toxic** (adjective) – poisonous, noxious, deadly, hazardous, harmful विषैला
12. **Particulate matter** (noun) – fine solid or liquid particles in the air प्रदूषक कण
13. **Emission** (noun) – discharge, release, outflow, exhalation, effusion उत्सर्जन
14. **Long-standing** (adjective) – enduring, persistent, continuing, established, old दीर्घकालीन
15. **Half-hearted** (adjective) – unenthusiastic, reluctant, lukewarm, indifferent, insincere आधे मन से / अनिच्छुक
16. **Reach out** (phrasal verb) – to extend help, make contact, or communicate संपर्क करना
17. **Acknowledgement** (noun) – recognition, admission, acceptance, appreciation, concession मान्यता
18. **Exercise** (verb) – apply, practice, employ, wield, implement प्रयोग करना
19. **Outcry** (noun) – protest, uproar, objection, dissent, clamour हंगामा
20. **Ground** (noun) – basis, foundation, reason, justification, cause आधार
21. **Intervention** (noun) – interference, involvement, mediation, intrusion, intercession हस्तक्षेप

22. **Impress** (upon) (verb) – to stress, emphasize, instill, make clear, convince
समझाना / ज़ोर देकर बताना
23. **Recalcitrant** (adjective) – stubborn, defiant, resistant, uncooperative, obstinate हठी
24. **Enforcement** (noun) – implementation, execution, application, imposition, policing प्रवर्तन
25. **Debt-ridden** (adjective) – overburdened with loans, insolvent, bankrupt, financially strained, encumbered कर्ज़ में डूबा हुआ
26. **Claim** (verb) – assert, declare, maintain, allege, profess दावा करना
27. **Transparent** (adjective) – clear, open, honest, explicit, evident पारदर्शी
28. **Mechanism** (noun) – system, process, method, framework, machinery तंत्र
29. **Evaluate** (verb) – assess, appraise, judge, examine, analyze मूल्यांकन करना
30. **Address** (verb) – deal with, tackle, resolve, manage, attend to समाधान करना
31. **Cow down** (phrasal verb) – to frighten, intimidate, or subdue डराना / दबाना
32. **Repercussion** (noun) – consequence, result, aftermath, outcome, impact परिणाम
33. **Deterrent** (noun) – hindrance, discouragement, obstacle, preventative, restraint रोक
34. **Bandy about** (phrasal verb) – to circulate, spread, talk about carelessly इधर-उधर कहना
35. **Enforce** (verb) – implement, apply, impose, uphold, compel लागू करना
36. **Existing** (adjective) – present, current, available, in force, operative वर्तमान
37. **Carrot and stick** (phrase) – a policy of offering rewards (carrot) for compliance and punishments (stick) for disobedience इनाम और सज़ा की नीति