

- Following are the important idioms and phrasal verb from The Hindu Editorial that we learnt last week. (From 29 DEC 2025 TO 03 JAN 2026).
- Note: Read this PDF simultaneously with respective editorial to understand the better usage of the phrase. (Don't try to mug up instead try to understand the inherent meaning with the help of editorials)

Sr.no	Particulars		
The Hindu editorial: Social scourge: On India and child marriages (29 DEC 2025)			
1.	Made stride	phrase	– to make progress in a particular field प्रगति करना
2.	In this backdrop	phrase	in this specific context or situation इस पृष्ठभूमि में
3.	In place	phrase	ready for use or established in the correct position तैयार
The Hindu editorial: Sham election (30 DEC 2025)			
4.	Deal a blow	phrase	to cause harm or failure to someone or something गहरा आघात पहुंचाना
5.	On the back foot	phrase	to be in a defensive or disadvantaged position रक्षात्मक स्थिति में होना
The Hindu editorial: Mindless bombing (31 DEC 2025)			
6.	Military might	phrase	collective physical strength and weaponry of a nation's armed forces सैन्य शक्ति
7.	In a bid to	phrase	In an attempt to; in order to कोशिश में
8.	Aim at	phrasal verb	to intend to achieve a particular goal or target a specific group. लक्ष्य साधना
9.	Turn into	phrasal verb	to change or develop into something different. में बदल जाना
The Hindu editorial: Track record ( 01 DEC 2026)			
10	Spare no expense	phrase	to spend as much money as necessary to make something as good as possible अत्यधिक खर्च करने में संकोच न करना
11	Put out	phrasal verb	to stop something from burning; to extinguish a fire आग बुझाना
12	Account for	phrasal verb	to be the explanation or cause of something; to constitute a particular amount उत्तरदायी होना/हिस्सा होना
The Indian Express editorial: The year of talking big, saying nothing. (02 JAN 2026)			
13	Go by	phrasal verb	belonging to the past or having happened in

			the past बीता हुआ
14	<b>Walking the tightrope</b>	phrase	dealing with a difficult situation where a very small mistake could have bad results संतुलन बनाना
15	<b>Sitting on the sidelines</b>	phrase	to not be directly involved in something that is happening तटस्थ रहना या शामिल न होना
<b>The Indian Express editorial: Mob rule (03 JAN 2026)</b>			
16	<b>Result in</b>	phrasal verb	to cause a particular situation to happen or exist के परिणामस्वरूप होना
17	<b>Beat to death</b>	phrase	to hit someone repeatedly until they die पीट-पीटकर मार डालना
18	<b>Make clear</b>	phrase	to say something in a way that is very easy to understand स्पष्ट करना
<b>The Pioneer editorial: Fixing the fault lines in PMKVY (29 DEC 2025)</b>			
19	<b>Keep the wheels of production turning</b>	phrase	to ensure that business or industry continues to function smoothly उत्पादन की प्रक्रिया को जारी रख
20	<b>Rest on</b>	phrasal verb	to depend or rely on something निर्भर होना
21	<b>It is against this backdrop</b>	phrase	considering the specific context or background events इस पृष्ठभूमि में
22	<b>A handful of</b>	phrase	a very small number or amount of something मुट्ठी भर/कुछ ही
23	<b>Keep in mind</b>	phrase	remembering or considering something carefully ध्यान में रखते हुए
24	<b>Plug the gaps</b>	phrase	to fix problems or fill in missing parts in a system कमियों को दूर करना
<b>The Pioneer editorial: When classrooms fail, look first at the staffroom (30 DEC 2025)</b>			
25	<b>Draw to a close</b>	phrase	to come to an end or finish समाप्त होना
26	<b>Wrap up</b>	phrasal verb	to complete or finish a task or event निष्कर्ष निकालना/समाप्त करना
27	<b>Have a bearing on</b>	phrase	to be relevant to or have an effect on someone or something असर डालना
<b>The Pioneer editorial: The psychology behind digital dependence (31 DEC 2025)</b>			
28	<b>Loss of control</b>	phrase	the inability to manage or regulate one's own actions or impulses. नियंत्रण खोना

29	<b>Grow up</b>	phrasal verb	to progress from childhood to adulthood. बड़ा होना
30	<b>Rely on</b>	phrasal verb	to depend on something or someone with full trust or necessity. निर्भर होना
31	<b>Crept in</b>	phrasal verb	to begin to happen or affect something gradually and unnoticed. चुपके से आना
32	<b>Push aside</b>	phrasal verb	to ignore or refuse to consider something because it is no longer deemed important. अलग कर देना या उपेक्षा करना
<b>The Hindu editorial: Hold the centre (02 JAN 2026)</b>			
33	<b>Cast doubt on</b>	phrase	to cause people to feel uncertainty or to disbelieve something संदेह पैदा करना
34	<b>Shoulder the burden</b>	phrase	to accept or take on a heavy responsibility or difficult task जिम्मेदारी उठाना
<b>The Indian Express editorial: Tepid foreign investor interest is worrying (29 DEC 2025)</b>			
35	<b>In contrast to</b>	phrase	used to show that someone or something is completely different from someone or something else के विपरीत
36	<b>Hold back</b>	phrasal verb	to prevent someone or something from making progress or moving forward रोक कर रखना/अवरोध करना
37	<b>To the tune of</b>	phrase	amounting to a particular considerable sum or amount की राशि में
<b>The Indian Express editorial: SC has role in clean-up (30 DEC 2025)</b>			
38	<b>At the earliest</b>	phrase	as soon as possible or at the first opportunity जल्द से जल्द
39	<b>There can be no denying</b>	phrase	it is indisputable or certain that something is true इस बात से इनकार नहीं किया जा सकता
40	<b>Run the risk of</b>	phrase	expose oneself to the possibility of something unpleasant occurring. जोखिम उठाना
41	<b>Point out</b>	phrasal verb	to call attention to a particular fact or detail इशारा करना
42	<b>A take a call</b>	phrase	a decision or judgment that someone has to make निर्णय लेना
43	<b>Deal with</b>	phrasal verb	Meaning: to take action in order to achieve

			something or to solve a problem निपटना
44	<b>Set to</b>	phrasal verb	to start doing something in a determined or enthusiastic way किसी कार्य में लग जाना
45	<b>Push for</b>	phrasal verb	to demand or advocate strongly for a specific action or change किसी चीज़ के लिए दबाव बनाना
46	<b>Bank on</b>	phrasal verb	to rely on or depend on something for a future outcome किसी चीज़ पर भरोसा करना
47	<b>Regulate first, build later</b>	phrase	a policy approach prioritizing strict control and laws before developing the actual industry or technology पहले नियम बनाना, बाद में निर्माण करना
48	<b>On the first count</b>	phrase	regarding the first point or factor mentioned in a list पहले बिंदु के आधार पर
<b>The Hindu editorial: Too good to last (01 JAN 2026)</b>			
49	<b>A flash in the pan</b>	phrase	something that happens only once or for a short time and is not repeated क्षणिक सफलता
50	<b>On the face of it</b>	phrase	based on a first impression or what is outwardly visible superficially ऊपरी तौर पर
51	<b>Bounce back</b>	phrasal verb	to recover quickly from a difficult situation or a period of decline फिर से ठीक होना
52	<b>Pick up</b>	phrasal verb	to improve or increase in amount, level, or intensity सुधार होना
53	<b>In place</b>	phrase	set up, established, or operational and ready to be used लागू/स्थित
54	<b>Settle the dust</b>	phrase	situation becoming calm and stable after a period of confusion or excitement स्थिति स्पष्ट होना या शांत होना
55	<b>Deal with</b>	phrasal verb	– to take action to solve a problem or handle a situation निपटना
56	<b>Whip up</b>	phrasal verb	to deliberately excite or provoke strong feelings in someone उत्तेजित करना
57	<b>In anticipation</b>	phrase	in preparation for something expected to happen पूर्व अनुमान में

58	<b>Rule out</b>	phrasal verb	to exclude or dismiss a possibility खारिज करना
59	<b>Rest on</b>	phrasal verb	to depend or rely on something आधारित होना
60	<b>Calm after the storm</b>	phrase	a period of peace and quiet following a period of activity or difficulty संकट के बाद की शांति
<b>The Business line editorial: Concerns of gig workers must be heard, (03 JAN 2026)</b>			
61	<b>Call for</b>	(phrasal verb)	to publicly ask for something to happen मांग करना
62	<b>Peg at</b>	phrasal verb	to fix or state the value or amount of something at a particular level किसी स्तर पर निर्धारित करना
63	<b>Draw attention (to)</b>	phrase	to make someone notice or focus on something specific ध्यान आकर्षित करना
64	<b>The way forward</b>	phrase	a plan or method for making progress or solving a problem आगे का रास्ता
65	<b>For instance</b>	phrase	as an example उदाहरण के लिए