English Madhyam

(Weekly vocabulary compilation)

From 26 JAN 2026 TO 31 JAN 2026

For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC, B. Ed and other competitive exams.

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The Hindu editorial: Right to dignity (26 JAN 2026)

1. **Dignity** (noun) – self–respect, pride, stature, nobility, worthiness गरिमा

2. **Equitable** (adjective) – fair, just, impartial, unbiased, even–handed न्यायसंगत

3. **Sour** (adjective) – unpleasant, bitter, disagreeable, nasty, resentful कटु/अरुचिकर

4. **Centrality** (noun) – core, essence, pivot, focus, salience प्रमुखता

5. **Lay the foundation** (verb) – to produce the basic ideas or structures from which something much larger develops नींव रखना

6. **Bypass** (verb) – circumvent, avoid, evade, sidestep, dodge दरकिनार करना

7. **Liberalisation** (noun) – deregulation, relaxation, opening, broadening, loosening उदारीकरण

8. **Era** (noun) – epoch, period, age, time, generation युग

9. **Tribunal** (noun) – court, board, panel, committee, forum अधिकरण

10. **Took root** (phrase) – to become fixed or established established or started to grow मजबूती से स्थापित होना

11. **Trajectory** (noun) – path, course, track, route, direction प्रक्षेपवक्र/मार्ग

12. **Activists** (noun) – campaigner, advocate, champion, reformer, militant कार्यकर्ता

13. **Regularisation** (noun) – formalisation, standardisation, adjustment, legitimisation, systematisation नियमितीकरण

14. **Gratuity** (noun) – tip, bonus, perk, reward, gift उपहार/अनुग्रह राशि

15. **Successive** (adjective) – consecutive, sequential, following, ensuing, continuous क्रमिक

16. **Slash** (verb) – cut, reduce, drop, lower, decrease भारी कटौती करना

17. **Make ends meet** (phrase) – to have just enough money to pay for the things that you need गुजारा करना

18. **Freeze** (verb) – fix, halt, suspend, stop, hold स्थिर करना

19. **In effect** (phrase) – used to convey that something is true in practice though not formally acknowledged वास्तव में

20. **Fiscal** (adjective) – financial, monetary, economic, budgetary, pecuniary राजकोषीय

21. **Gig workers** (noun) – independent contractors, freelancers, temporary workers, on–call workers, platform workers अस्थायी कर्मचारी

22. **Codes** (noun) – laws, rules, regulations, statutes, guidelines संहिता

23. **Exit** (verb) – leave, depart, quit, withdraw, retire बाहर निकलना

24. **Vulnerable** (adjective) – helpless, weak, defenceless, exposed, at–risk असुरक्षित

25. **In favour of** (phrase) – to support or prefer something/someone के पक्ष में

26. **Metrics** (noun) – measures, standards, parameters, benchmarks, indicators मापदंड

27. **Headroom** (noun) – margin, scope, leeway, space, latitude गुंजाइश

28. **Wield** (verb) – exercise, exert, hold, possess, employ उपयोग करना

29. **Taken advantage of** (phrase) – to make use of something in a way that is beneficial for oneself फायदा उठाना

30. **Considerable** (adjective) – significant, substantial, sizable, ample, great काफी/बड़ा

31. **Disparity** (noun) – inequality, discrepancy, imbalance, gap, difference असमानता

32. **Honoraria** (noun) – payment, fee, reward, compensation, remuneration मानदेय

33. **Stagnate** (verb) – languish, stall, decline, idle, cease स्थिर होना

34. **Compel** (verb) – force, oblige, coerce, pressure, constrain मजबूर करना

35. **Predictably** (adverb) – expectedly, foreseeably, reliably, normally, typically जैसा कि अनुमान था

36. **Sustained** (adjective) – continuous, constant, steady, prolonged, persistent निरंतर

37. **Constrained** (adjective) – restricted, limited, confined, cramped, inhibited विवश/सीमित

38. **Nonetheless** (adverb) – nevertheless, however, still, yet, even so फिर भी

39. **Unconscionable** (adjective) – unethical, immoral, excessive, outrageous, unscrupulous अनैतिक/बेशर्मी भरा

40. **Exploitative** (adjective) – unfair, abusive, manipulative, opportunistic, greedy शोषणकारी

41. **Bridge the gap** (phrase) – to make two groups, people, ideas, etc. less separate or less different. अंतर कम करना

42. **Institutionalise** (verb) – formalising, establishing, standardising, organising, systematising संस्थागत करना

43. **Grant** (verb) – give, award, accord, bestow, provide प्रदान करना

44. **Essential** (adjective) – crucial, vital, fundamental, key, indispensable अनिवार्य

The Speaking tree editorial: Why not turn false ego into positive ego? (27 JAN 2026)

1. **Persist** (verb) – Continue, endure, persevere, remain, maintain जारी रहना

2. **Cajole** (verb) – Persuade, coax, wheedle, entice, sweet-talk फुसलाना

3. **Stern** (adjective) – Strict, harsh, severe, firm, rigid सख्त

4. **Likewise** (adverb) – Similarly, correspondingly, in the same way, equally, in a similar manner उसी प्रकार

5. **Adore** (verb) – Love, cherish, admire, worship, idolize अधिक प्रेम करना

6. **Fed up** (phrasal verb) – Annoyed, irritated, tired, frustrated, exasperated तंग आ जाना

7. **Persistent** (adjective) – Continuous, unrelenting, insistent, determined, stubborn लगातार

8. **Vanish** (verb) – Disappear, fade, dissolve, evaporate, flee गायब हो जाना

9. **Take over** (phrasal verb) – Control, dominate, assume, conquer, seize काबू करना

10. **Alien** (to) (adjective) – Foreign, strange, unfamiliar, unrecognizable, unusual अजीब

11. **Often** (adverb) – Frequently, regularly, repeatedly, commonly, habitually अक्सर

12. **Come across** (phrasal verb) – Encounter, meet, stumble upon, discover, find सामना होना

13. **Instance** (noun) – Example, occurrence, case, illustration, event उदाहरण

14. **Take a backseat** (phrase) – Recede, withdraw, relinquish control, step back, let go पीछे हटना

15. **Drive** (verb) – Propel, motivate, urge, compel, push प्रेरित करना

16. **Irrespective of** (phrase) – Regardless of, without considering, notwithstanding, despite, ignoring बावजूद

17. **Aspect** (noun) – Feature, element, facet, side, component पहलू

18. **Scripture** (noun) – Sacred text, holy book, religious writings, doctrine, scripture पवित्र शास्त्र

19. **Considerable** (adjective) – Significant, substantial, important, noteworthy, large महत्वपूर्ण

20. **Havoc** (noun) – Chaos, destruction, disorder, confusion, devastation तबाही

21. **Subtle** (adjective) – Delicate, fine, nuanced, understated, faint सूक्ष्म

22. **Lead** (to) (verb) – Result in, cause, bring about, induce, produce कारण बनना

23. **Material world** (noun) – Physical world, tangible reality, earthly life, worldly realm, corporeal existence भौतिक संसार

24. **Ever-blissful** (adjective) – Eternally joyful, always happy, perpetually content, consistently serene, infinitely peaceful सदा आनंदमय

25. **Learned** (adjective) – Knowledgeable, scholarly, well-educated, wise, erudite विद्वान

The Hindu editorial: Mind the time (28 JAN 2026)

1. **Mind the time** (phrase) – used to warn that one should be aware of the passing of time or a deadline समय का ध्यान रखना

2. **Ageing** (noun) – maturing, senescing, declining, developing, waning वृद्ध होना

3. **Geriatric** (adjective) – elderly, aged, senior, old, senescent वृद्धों से संबंधित

4. **Often** (adverb) – frequently, repeatedly, regularly, habitually, recurrently अक्सर

5. **Demographic dividend** (noun) – the economic growth potential that can result from shifts in a population's age structure जनसांख्यिकीय लाभांश

6. **Undergo** (verb) – experience, endure, suffer, sustain, encounter गुजरना/अनुभव करना

7. **Uneven** (adjective) – irregular, inconsistent, varying, patchy, disparate असमान

8. **Demographic transition** (noun) – a long–term trend of declining birth and death rates, resulting in substantive changes in the age distribution of a population जनसांख्यिकीय संक्रमण

9. **Onset** (noun) – beginning, start, commencement, inception, outbreak शुरुआत

10. **Rationalise** (verb) – streamline, justify, simplify, reorganize, prune तर्कसंगत बनाना

11. **Subsidy** (noun) – grant, aid, allowance, assistance, endowment सब्सिडी/छूट

12. **Human capital** (noun) – the skills, knowledge, and experience possessed by an individual or population, viewed in terms of their value or cost to an organization or country मानव पूंजी

13. **Undertone** (noun) – connotation, suggestion, hint, nuance, implication अंतर्निहित भाव

14. **Tame** (verb) – curb, control, subdue, restrain, moderate वश में करना/नियंत्रित करना

15. **A double whammy** (phrase) – a situation when two unpleasant things happen at the same time दोहरी मार

16. **Tax devolution** (noun) – the statutory transfer of a share of Central taxes to the States करों का हस्तांतरण

17. **Populous** (adjective) – crowded, packed, teeming, swarming, jam–packed घनी आबादी वाला

18. **Delimitation** (noun) – demarcation, boundary, definition, outlining, frontier परिसीमन

19. **Window of opportunity** (phrase) – a favourable opportunity for doing

something that must be seized immediately अवसर की उपलब्धता

20. **Boost** (verb) – increase, enhance, augment, amplify, escalate बढ़ावा देना

21. **Stagnate** (verb) – stall, languish, idle, decline, cease स्थिर होना

22. **Employability** (noun) – capability, qualification, suitability, readiness, competence रोजगार योग्यता

23. **Persist** (verb) – continue, remain, endure, last, linger बने रहना

24. **Automation** (noun) – mechanization, computerization, industrialization, robotics, digitisation स्वचालन

25. **Vulnerable** (adjective) – exposed, helpless, defenseless, at–risk, weak असुरक्षित

26. **Disproportionately** (adverb) – excessively, unevenly, inordinately, unacceptably, relatively असमान रूप से

27. **Overlook** (verb) – ignore, disregard, neglect, omit, miss अनदेखा करना

28. **Migration** (noun) – movement, relocation, displacement, transit, exodus पलायन

29. **Nuclear family** (noun) – a couple and their dependent children, regarded as a basic social unit एकल परिवार

30. **Norm** (noun) – standard, rule, benchmark, criterion, average मानक

31. **Safety net** (noun) – a collection of services provided by the state or other institutions which prevent people from falling into poverty सुरक्षा जाल

32. **Collapse** (verb) – crumble, fail, disintegrate, fall, break ढह जाना/विफल होना

33. **Ultimately** (adverb) – eventually, finally, fundamentally, basically, primarily अंततः

34. **En masse** (adverb) – altogether, collectively, jointly, simultaneously, universally सामूहिक रूप से

35. **Fertility rate** (noun) – the average number of children born to women during their reproductive years प्रजनन दर

36. **Contradict** (verb) – dispute, counter, refute, gainsay, oppose विरोधाभास होना

37. **Call for** (phrasal verb) – to publicly ask for something to happen मांग करना

38. **Envision** (verb) – imagine, visualize, anticipate, foresee, conceive कल्पना करना

The Hindu editorial: Pressure points (29 JAN 2026)

1. **Occupation** (noun) - seizure, conquest, possession, takeover, invasion कब्जा

2. **Caracas** (noun) - the capital city of Venezuela, representing its government वेनेजुएला की राजधानी

3. **Lead to** (phrasal verb) - to result in or cause something to happen का कारण बनना

4. **Unfold** (verb) - happen, occur, transpire, develop, evolve घटित होना

5. **Naked** (adjective) - overt, blatant, manifest, flagrant, undisguised स्पष्ट या खुल्लम-खुल्ला

6. **Imperialism** (noun) - colonialism, expansionism, domination, hegemony, neocolonialism साम्राज्यवाद

7. **Abduction** (noun) - kidnapping, seizure, capture, snatching, hijacking अपहरण

8. **Impose** (verb) - inflict, enforce, foist, levy, dictate थोपना

9. **Sovereign** (adjective) - autonomous, independent, self-governing, free, absolute संप्रभु

10. **Endorse** (verb) - support, approve, sanction, back, ratify समर्थन करना

11. **Criminality** (noun) - illegality, lawlessness, wrongdoing, delinquency, misconduct अपराध या अवैधता

12. **Merely** (adverb) - only, simply, purely, just, solely केवल

13. **Contradictory** (adjective) - inconsistent, incongruous, conflicting, paradoxical, clashing विरोधाभासी

14. **Regime** (noun) - government, administration, authority, system, rule शासन

15. **Strangle** (verb) - choke, stifle, suppress, smother, throttle गला घोंटना या दबाना

16. **Sovereignty** (noun) - autonomy, independence, self-rule, dominion, supremacy संप्रभुता

17. **Coherent** (adjective) - logical, rational, consistent, lucid, organized सुसंगत

18. **Chaos** (noun) - disorder, turmoil, bedlam, pandemonium, anarchy अराजकता

19. **Dismantle** (verb) - deconstruct, disassemble, demolish, raze, wreck विघटित करना

20. **Insurgency** (noun) - rebellion, revolt, uprising, mutiny, sedition विद्रोह

21. **Apparatus** (noun) - structure, framework, organization, machinery, system तंत्र

22. **Neocolonialism** (noun) - indirect control of a country by powerful nations through economic, political, or cultural influence rather than direct rule नवउपनिवेशवाद

23. **Statehood** (noun) - nationhood, sovereignty, independence, autonomy, status राष्ट्रीयता

24. **Exercise** (verb) - exert, apply, wield, utilize, employ प्रयोग करना

25. **Resist** (verb) - oppose, withstand, defy, combat, confront विरोध करना

26. **Precisely** (adverb) - exactly, accurately, strictly, literally, specifically सटीक रूप से

27. **Domination** (noun) - control, mastery, ascendancy, supremacy, command प्रभुत्व

28. **Batter** (verb) - bash, pound, pummel, hammer, thrash चकनाचूर करना या पीटना

29. **Decade** (noun) - decennium, ten-year period, ten years, age, span दशक

30. **Predecessor** (noun) - precursor, antecedent, forerunner, ancestor, antecedent पूर्ववर्ती

31. **Strain** (noun) - pressure, stress, tension, burden, force तनाव

32. **Comply** (verb) - obey, adhere, conform, submit, yield पालन करना

33. **Gesture** (noun) - sign, signal, indication, token, motion इशारा या भाव

34. **Surrender** (verb) - yield, relinquish, cede, abandon, submit आत्मसमर्पण करना

35. **Sustain** (verb) - maintain, support, preserve, uphold, nurture बनाए रखना

36. **Instability** (noun) - volatility, insecurity, flux, fragility, precariousness अस्थिरता

37. **Embark on** (phrasal verb) - to start something new or important शुरू करना

38. **Marauding** (adjective) - predatory, pillaging, plundering, raiding, scavenging लूटपाट करने वाला

39. **Devastate** (verb) - destroy, wreck, ruin, ravage, demolish तबाह करना

40. **Cite** (verb) - quote, mention, refer, specify, name उद्धृत करना

41. **Diplomacy** (noun) - statesmanship, negotiation, tact, mediation, international relations कूटनीति

42. **Extortion** (noun) - blackmail, coercion, exaction, shakedown, compulsion जबरन वसूली

43. **Condemn** (verb) - denounce, criticize, censure, decry, reprehend निंदा करना

44. **Impose** (verb) - inflict, enforce, foist, levy, dictate थोपना

45. **The Global South** (noun) - refers to various countries that are sometimes described as newly industrialized or developing regions विकासशील देश

The Pioneer editorial: Tools may be neutral, leadership never truly is (30 JAN 2026)

1. **Automation** (noun) – robotics, mechanization, computerization, technization, industrialization स्वचालन

2. **Slip** (verb) – sneak, glide, creep, slide, drift चुपके से आना

3. **Productivity** (noun) – efficiency, output, yield, capacity, fecundity उत्पादकता

4. **Predict** (verb) – forecast, foresee, augur, portend, anticipate भविष्यवाणी करना

5. **Rapid** (adjective) – swift, quick, brisk, hurried, fleet तीव्र

6. **Convenient** (adjective) – advantageous, suitable, expedient, handy, opportunistic सुविधाजनक

7. **Narrative** (noun) – account, chronicle, story, portrayal, reportage वृत्तांत

8. **Algorithm** (noun) – procedure, calculation, formula, set of rules, logic कलन विधि

9. **Flag** (verb) – signal, indicate, mark, identify, highlight चिन्हित करना

10. **Inevitable** (adjective) – unavoidable, inescapable, certain, fated, inexorable अपरिहार्य

11. **Neutral** (adjective) – impartial, unbiased, objective, disinterested, non–partisan निष्पक्ष

12. **Intent** (noun) – purpose, motive, objective, aim, design इरादा

13. **Moral compass** (noun) – an inner sense of right and wrong that guides a person's behavior नैतिक दिशा–निर्देश

14. **Deploy** (verb) – station, position, install, utilize, distribute तैनात करना

15. **Hastily** (adverb) – hurriedly, rashly, impulsively, recklessly, precipitately जल्दबाजी में

16. **Shield** (noun) – protection, buffer, screen, guard, defense ढाल

17. **Reflect** (verb) – mirror, manifest, indicate, represent, demonstrate दर्शाना

18. **Absolve** (verb) – exonerate, exculpate, acquit, pardon, vindicate दोषमुक्त करना

19. **Merely** (adverb) – purely, simply, only, just, solely केवल

20. **Expose** (verb) – reveal, uncover, disclose, unveil, debunk बेनकाब करना

21. **Wield** (verb) – exert, exercise, brandish, employ, handle उपयोग करना

22. **Efficiency** (noun) – competence, efficacy, proficiency, adeptness, productivity कार्यकुशलता

23. **At scale** (phrase) – refers to doing something in a large volume or on a massive level बड़े पैमाने पर

24. **Unspoken** (adjective) – tacit, implicit, unstated, unexpressed, silent अनकहा

25. **Drive** (verb) – propel, impel, motivate, trigger, push प्रेरित करना

26. **Humane** (adjective) – compassionate, benevolent, kind, merciful, altruistic मानवीय

27. **Abdication** (noun) – renunciation, resignation, abandonment, surrender, relinquishment त्याग

28. **Objectivity** (noun) – neutrality, fairness, impartiality, detachment, justice निष्पक्षता

29. **Parameter** (noun) – criterion, factor, specification, guideline, limit मानक

30. **Empathy** (noun) – compassion, understanding, sensitivity, affinity, rapport सहानुभूति

31. **Collaboration** (noun) – cooperation, alliance, partnership, synergy, association सहयोग

32. **Label** (verb) – categorize, classify, tag, characterize, designate चिन्हित करना

33. **Automated** (adjective) – robotic, programmed, computerized, mechanical, unmanned स्वचालित

34. **Sound** (verb) – appear, seem, resonate, echo, suggest प्रतीत होना

35. **Disguised** (adjective) – cloaked, masked, concealed, shrouded, camouflaged प्रच्छन्न

36. **Inevitability** (noun) – certainty, necessity, fatedness, unavoidability, compulsion अनिवार्यता

37. **Resist** (verb) – oppose, withstand, defy, thwart, confront विरोध करना

38. **Accountable** (adjective) – responsible, liable, answerable, amenable, obligated जवाबदेह

39. **Dignity** (noun) – self–respect, honor, stature, grace, nobility गरिमा

40. **Livelihood** (noun) – subsistence, sustenance, income, occupation, bread and butter आजीविका

41. **Accountability** (noun) – responsibility, answerability, liability, culpability, obligation जवाबदेही

42. **Widen** (verb) – broaden, expand, enlarge, distend, dilate बढ़ाना

43. **Inequity** (noun) – injustice, unfairness, disparity, bias, prejudice अन्याय

44. **Empower** (verb) – authorize, enable, emancipate, permit, entitle सशक्त बनाना

45. **Rigid** (adjective) – stiff, inflexible, stringent, unyielding, austere कठोर

46. **Conscience** (noun) – morals, principles, ethics, inner voice, integrity अंतरात्मा

47. **Humility** (noun) – modesty, meekness, diffidence, unpretentiousness, lowliness विनम्रता

48. **Optimise** (verb) – maximize, refine, improve, polish, perfect अनुकूलतम बनाना

49. **Ethical** (adjective) – moral, principled, righteous, virtuous, honorable नैतिक

50. **Firmly** (adverb) – securely, resolutely, steadfastly, staunchly, solidly मजबूती

The Hindu editorial: Quick pill: On amendments to drug rules (31 JAN 2026)

1. **Quick pill** (phrase) - a concise summary or a fast-acting solution to a problem संक्षिप्त समाधान या त्वरित सारांश

2. **Amendment** (noun) - modification, revision, alteration, rectification, amendment संशोधन

3. **Come at the cost** (phrase) - to happen as a result of losing or damaging something else किसी चीज़ की कीमत पर होना

4. **Scrap** (verb) - discard, abandon, eliminate, jettison, cancel रद्द करना या हटा देना

5. **Align with** (phrasal verb) - to be in agreement with or to support a particular set of ideas or goals के अनुरूप होना

6. **Facilitate** (verb) - expedite, ease, assist, promote, simplify सुगम बनाना

7. **Prior-intimation mechanism** (noun) - a system where information is provided in advance rather than waiting for formal approval पूर्व-सूचना तंत्र

8. **Intimate** (verb) - inform, notify, announce, state, impart सूचित करना

9. **Intent** (noun) - purpose, objective, aim, goal, aspiration इरादा

10. **Acknowledge** (verb) - admit, accept, recognize, grant, concede स्वीकार करना या संज्ञान लेना

11. **Synthesis** (noun) - combination, fusion, integration, blend, amalgam संश्लेषण (मिश्रण)

12. **Gain** (verb) - acquire, obtain, attain, procure, achieve प्राप्त करना

13. **Virtue** (noun) - merit, advantage, asset, excellence, quality गुण या लाभ

14. **Anticipate** (verb) - expect, foresee, predict, forecast, await आशा करना या पूर्वानुमान लगाना

15. **Bioavailability** (noun) - the proportion of a drug or other substance which enters the circulation when introduced into the body जैवउपलब्धता

16. **Bioequivalence** (noun) - the property wherein two drugs with the same active ingredient exhibit the same rate of absorption जैव-तुल्यता

17. **Commence** (verb) - start, begin, initiate, launch, inaugurate प्रारंभ करना

18. **Intimation** (noun) - notice, notification, communication, announcement, hint सूचना

19. **Psychotropic** (adjective) - relating to drugs that affect a person's mental state मनोदशा को प्रभावित करने वाला

20. **Meticulously** (adverb) - thoroughly, scrupulously, diligently, carefully, precisely विस्तार से या सावधानीपूर्वक

21. **Dismantle** (verb) - deconstruct, disassemble, demolish, strip, raze विघटित करना या हटाना

22. **Bode well** (phrase) - to be a sign of a good result in the future शुभ संकेत देना

23. **Aspiring** (adjective) - ambitious, striving, yearning, hopeful, desirous महत्वाकांक्षी

24. **Intimation mechanism** (noun) - a formal process or system for providing official notice or information सूचना देने की प्रणाली

25. **Twiddle thumbs** (idiom) - to be idle or waste time while waiting for something to happen समय बर्बाद करना या खाली बैठना

26. **Countless** (adjective) - innumerable, myriad, infinite, untold, limitless अनगिनत

27. **Morbidity** (noun) - illness, sickness, ailment, disease, infirmity रुग्णता या बीमारी की दर

28. **Circumvent** (verb) - bypass, avoid, evade, sidestep, dodge गतिरोध दूर करना या बचना

29. **Initiate** (verb) - commence, instigate, trigger, activate, start शुरू करना

30. **Adhere to** (phrasal verb) - to follow or stick to a rule, belief, or agreement पालन करना

31. **Blister** (noun) - a small bubble on the surface of something (here, drug packaging) छाला या दवा की पैकिंग

32. **Lapse** (noun) - failure, error, oversight, slip, decline चूक या गिरावट

33. **Oversight** (noun) - supervision, surveillance, management, inspection, charge निगरानी

34. **Fatal** (adjective) - lethal, deadly, mortal, terminal, killing घातक या प्राणघातक