

# English Madhyam

(Weekly vocabulary compilation)

From 09 FEB 2026 TO 14 FEB 2026

## For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC,  
B. Ed and other competitive exams.



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# Part - A

## The Hindu Editorial: Distressing regularity: On Meghalaya's rat-hole mines (09 FEB 2026)

1. **Distressing** (adjective) – upsetting, perturbing, agonizing, harrowing, grievous  
कष्टदायक
2. **Prohibitive** (adjective) – restrictive, repressive, forbidding, exorbitant, excessive  
निषेधात्मक
3. **Rat-hole mine** (noun) – a type of mining involving digging very small tunnels, barely large enough for a person to fit into  
चूहे के बिल जैसी खान
4. **Grim** (adjective) – bleak, somber, ghastly, forbidding, macabre  
भीषण
5. **Supervision** (noun) – oversight, surveillance, stewardship, administration, inspection  
पर्यवेक्षण
6. **Governance** (noun) – administration, regulation, jurisdiction, authority, management  
शासन
7. **Coal belt** (noun) – an area or region that has significant underground deposits of coal  
कोयला क्षेत्र
8. **Distinct** (adjective) – discrete, disparate, peculiar, evident, marked  
विशिष्ट
9. **Ecosystem** (noun) – a community of living organisms interacting with each other and their physical environment  
पारिस्थितिकी तंत्र
10. **Seam** (noun) – layer, vein, stratum, lode, bed  
परत
11. **Enforcement** (noun) – implementation, execution, imposition, application, compulsion  
प्रवर्तन
12. **Launder** (verb) – disguise, sanitize, process, distort, manipulate  
हेरफेर कर वैध बनाना
13. **Legitimate** (adjective) – lawful, valid, authentic, legal, constitutional  
वैध
14. **Prone to** (adjective) – be likely to something  
की संभावना
15. **Cessation** (noun) – termination, conclusion, halt, stoppage, abeyance  
समाप्ति
16. **Accountability** (noun) – liability, responsibility, answerability, culpability, amenability  
जवाबदेही
17. **Patronage** (noun) – sponsorship, backing, advocacy, aegis, championship  
संरक्षण
18. **Keep off** (phrasal verb) – to prevent someone or something from being included or entering something  
दूर रखना
19. **Hit the headlines** (phrase) – to become suddenly famous or widely reported in the news  
सुर्खियों में आना
20. **Unstable** (adjective) – precarious, volatile, erratic, capricious, rickety  
अस्थिर
21. **Landscape** (noun) – terrain, topography, scenery, outlook, vista  
परिदृश्य

22. **Legacy** (noun) – inheritance, bequest, heritage, endowment, vestige विरासत
23. **Extraction** (noun) – removal, withdrawal, excavation, mining, derivation निष्कर्षण
24. **Go up** (phrasal verb) – to increase in price, amount, level, or intensity बढ़ना
25. **Invalidate** (verb) – nullify, annul, void, negate, quash अमान्य करना
26. **Consignment** (noun) – shipment, delivery, cargo, batch, freight भेजा गया माल
27. **Deviate** (verb) – digress, stray, veer, diverge, swerve विचलित होना
28. **Perhaps** (adverb) – possibly, feasibly, conceivably, maybe, perchance शायद
29. **Incentivise** (verb) – encourage, motivate, stimulate, induce, inspire प्रोत्साहित करना
30. **Conversely** (adverb) – contrarily, inversely, oppositely, vice versa, on the contrary इसके विपरीत
31. **Intermediary** (noun) – mediator, broker, middleman, agent, go-between बिचौलिया
32. **Seizure** (noun) – confiscation, impounding, capture, appropriation, distraint जब्ती
33. **Blacklisting** (noun) – boycotting, barring, debarring, excluding, ostracizing काली सूची में डालना
34. **Sans** (preposition) – without, minus, lacking, bereft of, devoid of के बिना
35. **Set up** (phrasal verb) – the act of establishing or starting something like a business or system स्थापना करना
36. **Horticulture** (noun) – gardening, cultivation, agriculture, floriculture, pomology बागवानी
37. **Dismantle** (verb) – deconstruct, disassemble, demolish, strip, raze विघटित करना
38. **Incentive** (noun) – inducement, lure, bait, stimulus, impetus प्रोत्साहन
39. **To the end** (phrase) – for this purpose or in order to achieve the specific goal mentioned इसी उद्देश्य से
40. **Amnesty** (noun) – pardon, reprieve, absolution, exoneration, immunity आम माफी
41. **Errant** (adjective) – offending, wayward, delinquent, aberrant, deviant पथभ्रष्ट
42. **Subvert** (verb) – undermine, sabotage, destabilize, overturn, corrupt तख्तापलट करना
43. **Auditing** (noun) – inspection, verification, scrutiny, examination, appraisal लेखापरीक्षा

### The Pioneer editorial: Messaging power (10 FEB 2026)

1. **Scrutinise** (verb) – examine, inspect, survey, study, scan जांच करना
2. **Question** (verb) – query, dispute, challenge, interrogate, examine सवाल उठाना
3. **Root in** (phrasal verb) – based on or caused by something strongly fixed in a particular origins or source किसी चीज़ में निहित होना
4. **Underscore** (verb) – underline, emphasize, highlight, stress, accentuate जोर देना
5. **Ecosystem** (noun) – a community of living organisms interacting with each other and their physical environment पारिस्थितिकी तंत्र
6. **Coordinate** (verb) – organize, harmonize, synchronize, integrate, systematize तालमेल बिठाना
7. **Undertake** (verb) – engage, execute, perform, shoulder, assume उत्तरदायित्व लेना
8. **Precise** (adjective) – exact, accurate, specific, meticulous, punctilious सटीक
9. **Litigation** (noun) – lawsuit, prosecution, action, dispute, case मुकदमेबाजी
10. **Abruptly** (adverb) – suddenly, unexpectedly, precipitously, sharply, bluntly अचानक
11. **Amend** (verb) – modify, alter, revise, rectify, refine संशोधन करना
12. **Prompt** (verb) – incite, induce, provoke, stimulate, impel प्रेरित करना
13. **Cease** (verb) – stop, halt, terminate, desist, discontinue बंद करना
14. **Ultimatum** (noun) – demand, warning, final notice, condition, caveat अंतिम चेतावनी
15. **Problematic** (adjective) – questionable, doubtful, tricky, debatable, enigmatic विवादास्पद
16. **Draw** (verb) – attract, elicit, evoke, induce, extract आकर्षित करना
17. **Pushback** (noun) – resistance, opposition, rejection, defiance, rebuttal कड़ा विरोध
18. **Argue** (verb) – contend, assert, maintain, claim, debate तर्क देना
19. **Owing to** (preposition) – because of or on account of something के कारण
20. **Scale** (noun) – magnitude, extent, scope, range, proportion पैमाना
21. **Pre-requisite** (noun) – condition, requirement, qualification, necessity, essential पूर्व-अपेक्षा
22. **Adoption** (noun) – acceptance, embracement, approval, endorsement, ratification अपनाना

23. **Surveillance** (noun) – monitoring, observation, supervision, vigilance, scrutiny निगरानी
24. **Embed** (in) (verb) – fixed firmly and deeply in a surrounding mass or society गहराई से समाया हुआ
25. **Transition** (noun) – change, shift, conversion, transformation, passage परिवर्तन
26. **Frown upon** (phrasal verb) – to disapprove of something or view it with disfavor नापसंदगी जताना
27. **Ubiquitous** (adjective) – omnipresent, pervasive, universal, rife, widespread सर्वव्यापी
28. **Scarcely** (adverb) – hardly, barely, seldom, rarely, infrequently मुश्किल से
29. **Foster** (verb) – encourage, promote, nurture, cultivate, bolster बढ़ावा देना

## The Indian Express editorial: With India's U-19 world cup team (11 FEB 2026)

1. **Mirror** (verb) – reflect, mimic, echo, parallel, emulate प्रतिबिंबित करना
2. **Diversity** (noun) – multiplicity, variety, heterogeneity, variegation, plurality विविधता
3. **Addition** (noun) – accretion, inclusion, adjunct, supplement, appendage वृद्धि/जुड़ाव
4. **Silverware** (noun) – trophies, accolades, prizes, awards, cups ट्रॉफियां (खेल के संदर्भ में)
5. **Testimony** (to) (noun) – evidence or proof of something किसी चीज़ का प्रमाण
6. **Unfold** (verb) – unravel, manifest, transpire, evolve, emerge प्रकट होना
7. **Hinterland** (noun) – backwater, interior, remote area, province, countryside आंतरिक या दूरदराज के इलाके
8. **Aspiration** (noun) – ambition, yearning, endeavor, craving, desire आकांक्षा
9. **Meet** (verb) – converge, encounter, intersect, join, connect मिलना/संगम होना
10. **Constrain** (verb) – restrict, inhibit, curb, restrain, hamper बाधित करना
11. **Hail from** (phrasal verb) – to come from or have been born in a particular place से आना
12. **Distressingly** (adverb) – alarmingly, worryingly, dreadfully, painfully, acutely कष्टप्रद रूप से
13. **Poverty indices** (noun) – statistical measures used to determine the level of poverty in a region गरीबी सूचकांक
14. **Barely** (adverb) – hardly, scarcely, marginally, narrowly, just मुश्किल से
15. **Roster** (noun) – lineup, schedule, register, inventory, roll नामावली
16. **Merely** (adverb) – purely, simply, only, solely, entirely मात्र
17. **Trope** (noun) – cliché, metaphor, motif, platitude, convention रूपक/घिसी-पिटी बात
18. **Footprint** (noun) – the area occupied or affected by something. प्रभाव/छाप
19. **Unmapped** (adjective) – undiscovered, uncharted, unexplored, unknown, unfamiliar अनछुआ
20. **Stay behind** (phrasal verb) – to remain in a place when others leave पीछे रह जाना (रुक जाना)
21. **Pursue** (verb) – chase, follow, seek, track, shadow पाने की कोशिश करना
22. **Flexibility** (noun) – adaptability, versatility, elasticity, pliability, resilience लचीलापन
23. **Nurture** (verb) – foster, cherish, cultivate, nourish, support परवरिश करना



24. **Era** (noun) – epoch, period, age, generation, eon युग
25. **Infrastructure** (noun) – framework, foundation, groundwork, base, structure बुनियादी ढांचा
26. **Bind** (verb) – unite, fetter, consolidate, fasten, attach बांधना
27. **Cohort** (noun) – group, category, brigade, unit, battalion समूह
28. **Pedigree** (noun) – lineage, ancestry, descent, extraction, genealogy वंश/खानदान
29. **Ecosystem** (noun) – a community of living organisms interacting with each other and their physical environment पारिस्थितिकी तंत्र
30. **Scout** (noun) – recruiter, spotter, explorer, investigator, vanguard प्रतिभा खोजने वाला
31. **Potential** (noun) – capability, capacity, aptitude, possibility, talent क्षमता/संभावना
32. **The nets are cast** (phrase) – to search widely for someone or something व्यापक स्तर पर खोजबीन करना
33. **Significance** (noun) – importance, consequence, magnitude, weight, relevance महत्व
34. **Lie** (verb) – reside, consist, exist, dwell, inhabit निहित होना
35. **Democratise** (verb) – popularize, equalize, flatten, broaden, extend सुलभ बनाना/लोकतांत्रिक बनाना

### The Hindu editorial: New beginnings (12 FEB 2026)

1. **Era** (noun) – epoch, period, age, generation, stage युग
2. **Geopolitics** (noun) – the study of how geography, power, and politics influence relations between nations भू-राजनीति
3. **Escalate** (verb) – intensify, heighten, aggravate, amplify, mount बढ़ाना
4. **Spiral** (noun) – a progressive rise or fall of prices, wages, etc., each responding to an upward or downward stimulus provided by a previous one.
5. **One-upmanship** (noun) – competitiveness, rivalry, brinkmanship, jockeying, dominance बाजी मारना
6. **Mammoth** (adjective) – colossal, gargantuan, behemoth, gigantic, immense विशालकाय
7. **Pivotal** (adjective) – crucial, central, vital, critical, decisive महत्वपूर्ण
8. **Approach** (verb) – address, handle, tackle, confront, manage दृष्टिकोण अपनाना
9. **Accumulation** (noun) – amassing, collection, build-up, accrual, hoarding संचय
10. **Negotiate** (verb) – bargain, arbitrate, mediate, settle, parley समझौता करना
11. **Decade** (noun) – Period of ten years. दशक
12. **Alter** (verb) – change, modify, transform, amend, vary बदलना
13. **Trajectory** (noun) – path, course, route, track, direction प्रक्षेपवक्र
14. **Dominate** (verb) – control, command, govern, rule, overshadow हावी होना
15. **The Cold War** (noun) – the period of political hostility between the ussr and the us from 1945 to 1991 शीत युद्ध
16. **Accumulate** (verb) – gather, collect, amass, stockpile, garner जमा करना
17. **Arsenal** (noun) – armoury, magazine, repository, storehouse, stock शस्त्रागार
18. **Possess** (verb) – own, hold, keep, retain, occupy पास होना
19. **Warhead** (noun) – the explosive head of a missile or rocket युद्धक विमान
20. **Lopsided** (adjective) – asymmetrical, uneven, unbalanced, crooked, tilted एकतरफा
21. **Limit** (verb) – restrict, curb, check, restrain, cap सीमित करना
22. **Cap** (verb) – limit, restrict, ceiling, curb, restrain अधिकतम सीमा निर्धारित करना
23. **Collapse** (noun) – breakdown, fall, ruin, disintegration, failure पतन
24. **Merely** (adverb) – only, purely, simply, solely, just केवल

25. **Proportionally** (adverb) – relatively, comparatively, correspondingly, equally, uniformly आनुपातिक रूप से
26. **Existing** (adjective) – current, present, extant, prevailing, contemporary वर्तमान
27. **Agreement** (noun) – treaty, pact, accord, concordat, covenant समझौता
28. **Deployable** (adjective) – usable, operational, ready, available, employable तैनात करने योग्य
29. **Ought to** (modal verb) – should, must, have to, be obliged to, be required to चाहिए
30. **Ambitious** (adjective) – aspiring, enterprising, bold, purposeful, determined महत्वाकांक्षी
31. **Outcome** (noun) – result, consequence, effect, aftermath, upshot परिणाम
32. **Given** (preposition) – considering, granting, acknowledging, assuming, providing देखते हुए
33. **Recede** (verb) – retreat, withdraw, ebb, subside, wane पीछे हटना
34. **Imperialist** (adjective) – colonial, expansionist, domineering, hegemonic, dictatorial साम्राज्यवादी
35. **Mercantilist** (adjective) – related to the economic theory of maximizing exports and trade वाणिज्यवादी
36. **Craving** (noun) – yearning, longing, appetite, hunger, desire लालसा
37. **Doctrine** (noun) – principle, belief, creed, tenet, dogma सिद्धांत
38. **Resuscitate** (verb) – revive, restore, revitalize, resurrect, renew पुनर्जीवित करना
39. **State** (verb) – declare, announce, assert, affirm, proclaim कहना
40. **Stockpile** (noun) – store, reserve, cache, supply, hoard भंडार
41. **Build up** (phrasal verb) – a gradual accumulation or increase of something typically in a negative sense धीरे-धीरे बढ़ाना
42. **Non-Proliferation Treaty** (noun) – an international treaty whose objective is to prevent the spread of nuclear weapons परमाणु अप्रसार संधि
43. **Comprehensive** (adjective) – exhaustive, thorough, inclusive, extensive, all-embracing व्यापक
44. **Noble** (adjective) – virtuous, righteous, honourable, idealistic, worthy महान
45. **Seek** (verb) – aim, strive, endeavour, attempt, aspire तलाश करना
46. **Rid of** (phrasal verb) – to make someone or something free of something unwanted छुटकारा पाना

## The Pioneer Editorial: Facing trouble with faith, reason, and resolve (13 FEB 2026)

1. **Resolve** (noun) – determination, firmness, resolution, tenacity, steadfastness दृढ़ निश्चय
2. **Surface** (verb) – emerge, appear, arise, materialize, come to light उजागर होना
3. **Lament** (verb) – mourn, grieve, bewail, deplore, bemoan शोक मनाना
4. **Sympathy** (noun) – compassion, pity, empathy, tenderness, commiseration सहानुभूति
5. **Denial** (noun) – contradiction, refusal, negation, rejection, disavowal इनकार/अस्वीकरण
6. **Seldom** (adverb) – rarely, infrequently, hardly, scarcely, occasionally कभी-कभार
7. **Seek** (verb) – search, pursue, explore, solicit, quest खोजना/मांगना
8. **Fortunately** (adverb) – luckily, happily, auspiciously, propitiously, providentially भाग्यवश
9. **Overdrive** (noun) – hyperactive, frenetic, intense, accelerated, high-gear अत्यधिक सक्रियता
10. **Escape** (verb) – evade, avoid, elude, dodge, shun बच निकलना
11. **Obsessed** (adjective) – preoccupied, fixated, haunted, infatuated, gripped जुनून सवार होना
12. **Wise** (adjective) – prudent, sagacious, sensible, judicious, enlightened बुद्धिमान
13. **Sympathise** (verb) – commiserate, console, pity, empathize, condole हमदर्दी जताना
14. **Omniscient** (adjective) – all-knowing, all-wise, all-seeing, pansophical, infinite सर्वज्ञानी
15. **Privy to** (phrase) – informed about something secret or private गुप्त जानकारी होना
16. **Consciousness** (noun) – awareness, mindfulness, perception, cognizance, sentience चेतना/जागरूकता
17. **Divine willpower** (noun) – the spiritual power or volition of a deity दैवीय इच्छाशक्ति
18. **Ripe** (adjective) – mature, developed, seasoned, complete, full पका हुआ/परिपक्व
19. **Address** (verb) – tackle, handle, confront, attend to, deal with समाधान करना/संबोधित करना
20. **Give up** (phrasal verb) – to stop making an effort; to surrender or abandon hope हार मान लेना/त्याग देना
21. **Intolerance** (noun) – impatience, narrow-mindedness, dogmatism, bigotry, prejudice असहनशीलता

22. **Misery** (noun) – suffering, distress, woe, agony, affliction कष्ट/पीड़ा

23. **Deal with** (phrasal verb) – to take action to solve a problem or handle a situation निपटना/सामना करना

24. **Inevitable** (adjective) – unavoidable, inescapable, certain, fated, predestined अनिवार्य/अपरिहार्य

25. **Humility** (noun) – modesty, humbleness, meekness, unpretentiousness, lowliness विनम्रता

26. **Perseverance** (noun) – persistence, diligence, tenacity, endurance, steadfastness दृढ़ता/लगन

27. **Ultimately** (adverb) – eventually, finally, basically, fundamentally, at last अंततः/आखिरकार

## The Hindu editorial: Farmers' pulse: On India and its demand for pulses (14 FEB 2026)

1. **Pulse** (noun) – the central point of energy and organization in an area or activity. नब्ज
2. **Structural** (adjective) – fundamental, constitutional, inherent, organic, systemic संरचनात्मक
3. **Prodigious** (adjective) – colossal, immense, mammoth, vast, gargantuan बहुत अधिक
4. **Stabilisation** (noun) – equalization, balancing, adjustment, fixation, steadiness स्थिरीकरण
5. **Procurement** (noun) – acquisition, attainment, sourcing, collection, requisitioning खरीद
6. **Obligate** (verb) – compel, bind, constrain, force, require मजबूर करना
7. **Imply** (verb) – suggest, insinuate, intimate, hint, signify संकेत देना
8. **Commit** (verb) – pledge, dedicate, devote, bind, promise वादा करना/सौंपना
9. **Fraught** (adjective) – anxious, worried, distressed, tense, filled तनावपूर्ण/भरा हुआ
10. **Stance** (noun) – posture, position, attitude, viewpoint, standpoint दृष्टिकोण
11. **Hover** (verb) – linger, drift, flutter, hang, remain near मंडराना
12. **Account for** (phrasal verb) – to form a particular amount or part of something हिस्सा होना
13. **Intake** (noun) – consumption, ingestion, absorption, input, uptake खपत
14. **Reliable** (adjective) – dependable, trustworthy, steadfast, authentic, credible विश्वसनीय
15. **Regime** (noun) – system, arrangement, scheme, order, government व्यवस्था
16. **Rain-fed** (adjective) – dependent on rainfall for water and growth वर्षा-आधारित
17. **Yield** (noun) – output, production, crop, harvest, profit पैदावार
18. **Fluctuate** (verb) – waver, oscillate, vacillate, vary, swing उतार-चढ़ाव होना
19. **Regardless of** (phrase) – without being affected by any other events or conditions की परवाह किए बिना
20. **As a result** (phrase) – because of something that has happened consequently परिणामस्वरूप
21. **Incentivise** (verb) – encourage, motivate, stimulate, entice, provoke प्रोत्साहित करना
22. **Lead to** (phrasal verb) – to result in a particular situation or event के कारण बनना

23. **Vicious cycle** (noun) – a sequence of reciprocal cause and effect in which two or more elements intensify and aggravate each other कुचक्र
24. **Outlay** (noun) – expenditure, spending, cost, disbursement, investment व्यय
25. **Sceptical** (adjective) – cynical, doubtful, dubious, suspicious, incredulous संदेहास्पद
26. **Materialise** (verb) – happen, occur, emerge, manifest, appear साकार होना
27. **Apparent** (adjective) – obvious, evident, manifest, visible, ostensible स्पष्ट
28. **Hit a raw nerve** (idiom) – to provoke a strong reaction by referring to a sensitive topic दुखती रग पर हाथ रखना
29. **Contradict** (verb) – deny, refute, dispute, gainsay, oppose खंडन करना
30. **Address** (verb) – tackle, handle, confront, approach, attend to समाधान करना
31. **Explicitly** (adverb) – clearly, specifically, precisely, overtly, categorically स्पष्ट रूप से
32. **Precarious** (adjective) – perilous, hazardous, risky, uncertain, insecure अनिश्चित
33. **Meet** (verb) – fulfill, satisfy, match, achieve, answer पूरा करना
34. **Perpetuate** (verb) – preserve, maintain, sustain, prolong, continue बनाए रखना
35. **Vulnerability** (noun) – weakness, susceptibility, fragility, exposure, defenselessness कमजोरी
36. **Sensitivity** (noun) – awareness, responsiveness, delicacy, volatility, susceptibility संवेदनशीलता
37. **Favour** (verb) – support, prefer, promote, aid, side with पक्ष लेना