English Madhyam

(Weekly vocabulary compilation)

From 15 Jan 2024 to 20 Jan 2022

For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA,

UPSC, B. Ed and other competitive exams.



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January 21, 2024 ENGLISH MADHYAM

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Part - A

The Hindu Editorial: Numbers game 15 Jan 2024

- 1. Hinder (verb) Impede, obstruct, hamper, block, thwart बाधा डालना
- 2. Sanitation (noun) Hygiene, cleanliness, healthfulness, sterility, sanitation स्वच्छता
- 3. Overcome (verb) Succeed in dealing with (a problem or difficulty) काब् पाना
- 4. Exercise (noun) Drill, practice, workout, training, activity अभ्यास
- 5. **Parameter** (noun) Criterion, measure, facto r, variable, indicator मापदड
- 6. Predictable (adjective) Expected, foreseeable, anticipated, probable, likely अन्मानित
- 7. Adjudge (verb) Declare, award, decree, determine, rule निर्णय देना
- 8. In a row (phrase) Consecutively, successively, continuously, serially, sequentially लगातार
- 9. **Honour** (noun) Respect, esteem, recognition, prestige, acclaim सम्मान
- 10. Echelon (noun) Level, rank, grade, tier, stratum स्तर
- 11. Ranking ladder (noun) Hierarchy, scale, ranking system, grading system, pecking order पदक्रम
- 12. Entrench (verb) Establish, embed, fortify, secure, ingrain मजबूती से स्थापित करना

- 13. Volatility (noun) Instability, unpredictability, variability, changeability, fickleness अस्थिरता
- 14. Consistent (adjective) Steady, stable, constant, uniform, regular निरंतर
- 15. **Stagnation** (noun) Inactivity, stagnancy, dormancy, standstill, torpidity ठहराव
- 16. Quirk (noun) Peculiarity, oddity, eccentricity, idiosyncrasy, anomaly विचित्रता
- 17. Stretch credulity (phrase) to be hard to believe
- 18. Cantonment (noun) Military station, garrison, camp, fort, barracks छावनी
- 19. Parochialism (noun) Narrowmindedness, insularity, provincialism, narrowness, sectarianism संकीर्णता
- 20. End up (phrasal verb) Conclude, finish, culminate, terminate, wind up समाप्त होना
- 21. Underlying (adjective) Fundamental, basic, primary, essential, inherent बुनियादी
- 22. Put in place (phrase) Implement, establish, install, set up, institute स्थापित करना
- 23. On their own mettle (phrase) Based on one's own ability, strength, or merit, selfreliance, independence, self-sufficiency, resourcefulness अपनी क्षमता के दम पर

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- 24. **Contest** (noun) Competition, match, tournament, challenge, race प्रतियोगिता
- 25. **Industrious** (adjective) Hard-working, diligent, energetic, productive, active परिश्रमी
- 26. **Proximity** (noun) Closeness, nearness, adjacency, vicinity, proximity निकटता
- 27. **Perpetually** (adverb) Continuously, endlessly, eternally, constantly, invariably निरंतर
- 28. **Pay attention to** (phrase) Focus on, heed, consider, take note of, regard ध्यान देना
- 29. **Barometer** (noun) Indicator, measure, gauge, benchmark, standard मापक यंत्र

- 30. **Acknowledge** (verb) Recognize, admit, accept, concede, acknowledge स्वीकार करना
- 31. **Well-oiled** (adjective) Smooth, efficient, well-run, well-functioning, streamlined सुचारु रूप से चलनेवाला
- 32. **Stymie** (verb) Hinder, obstruct, thwart, frustrate, impede ৰাधা ਤালনা
- 33. **Sustainable** (adjective) Environmentally friendly, renewable, viable, maintainable, eco-friendly टिकाऊ
- 34. **It is a high time** (phrase) The right moment, critical point, crucial time, appropriate time उचित समय
- 35. **Intervene** (verb) Interfere, intercede, meddle, intrude, step in हस्तक्षेप करना

The Hindu Editorial: Regional turmoil 19 Jan 2024

- 1. **Turmoil** (noun) Unrest, Tumult, Disruption, Turbulence, Upheaval अशांति
- 2. **Equilibrium** (noun) Balance, Stability, Symmetry, Poise, Steadiness संतुलन
- 3. **At the centre** (phrase) Focal, Core, Central, Pivotal, Key केंद्र में
- Carry out (phrasal verb) Execute, Perform, Accomplish, Implement, Fulfill पूरा करना
- 5. **Strike** (noun) Attack, Hit, Assault, Blow, Raid हमला
- Exchange fire (phrase) Engage in shooting, Trade shots, Crossfire, Firefight, Shootout गोलीबारी
- 7. Iran-backed (adjective) Supported by Iran, Iran-endorsed, Iran-sponsored, Iran-financed, Iran-affiliated ईरान समर्थित
- 8. **Militia** (noun) Paramilitary, Guerrillas, Armed forces, Fighters, Warriors सहायक सेना
- 9. **Rebel** (noun) Insurgent, Mutineer, Revolutionary, Dissident, Revolter विद्रोही
- 10. **Seek** (verb) Pursue, Search for, Aim for, Strive, Endeavor प्रयास करना

- 11. **Retaliate** (verb) Avenge, Repay, Reprisal, Retribution, Counterattack बदला लेना
- 12. **Chaos** (noun) Disorder, Disarray, Confusion, Mayhem, Anarchy अराजकता
- 13. Instability (noun) Uncertainty, Unpredictability, Volatility, Inconsistency, Fluctuation अस्थिरता
- 14. **Escalation** (noun) a situation in which something becomes greater or more serious वृद्धि
- 15. **Outpost** (noun) Outstation, Border post, Fort, Garrison, Stronghold चौकी
- 16. **Anarchy** (noun) Lawlessness, Disorder, Chaos, Disarray, Mayhem अराजकता
- 17. **Unilateral** (adjective) One-sided, Unilateralist, Independent, Nonreciprocal, Solo एकतरफा
- 18. **Address** (verb) Tackle, Deal with, Attend to, Confront, Handle सुलझाना, निपटाना
- 19. **Perceived** (adjective) Recognized, Discerned, Noticed, Detected, Acknowledged माना गया
- 20. **Sovereignty** (noun) Autonomy, Independence, Self-rule, Dominion, Supremacy संप्रभुता

- 21. **Bedrock** (noun) Foundation, Basis, Cornerstone, Underpinning, Groundwork आधार
- 22. **To the wind** (phrase) Disregard, Ignore, Dismiss, Brush aside, Flout अनदेखी
- 23. **Thereby** (adverb) Thus, Therefore, Consequently, Hence, Accordingly इस प्रकार
- 24. **All-out war** (noun) Total war, Fullscale war, Unrestricted war, Comprehensive war, Complete war पूर्ण युद्ध
- 25. **Decade** (noun) Period of ten years বংশক
- 26. **The Abraham Accord** (noun) It is bilateral agreements on Arab–Israeli normalization signed between Israel and the United Arab Emirates and Bahrain on September 15, 2020.
- 27. **On a strong footing** (phrase) Solid foundation, Firm basis, Stable position, Secure status, Strong position ਸਗबूत आधार पर
- 28. **Normalisation** (noun) Standardization, Regularization, Stabilization, Adjustment, Alignment सामान्यीकरण
- 29. **Rapprochement** (noun) Reconciliation, Detente, Harmonization, Accord, Amity स्तह

- 30. **Occupation** (noun) Invasion, Conquest, Annexation, Takeover, Subjugation কভ্যো
- 31. **Subsequent** (adjective) Following, Later, Ensuing, Succeeding, Consecutive ৰাব কা
- 32. **Vengeful** (adjective) Revengeful, Retaliatory, Vindictive, Spiteful, Grudgebearing प्रतिशोधी
- 33. **Lit fire** (phrase) Ignited conflict, Sparked confrontation, Set ablaze, Kindled, Flared up संघर्ष भड़काना
- 34. **Trigger** (verb) Activate, Initiate, Spark, Set off, Provoke शुरू करना
- 35. **Perhaps** (adverb) Maybe, Possibly, Potentially, Conceivably, It's possible शायद
- 36. Actor (noun) Participants
- 37. **Off ramp** (noun) a solution to a problem; way out समाधान; बाहर जाने का मार्ग
- 38. **Deter** (verb) Discourage, Dissuade, Prevent, Hinder, Thwart रोकना
- 39. **Showcase** (verb) Display, Exhibit, Present, Demonstrate, Highlight प्रदर्शित करना
- 40. **Boldness** (noun) Courage, Bravery, Daring, Audacity, Fearlessness साहस
- 41. **Mask** (verb) Conceal, Hide, Disguise, Camouflage, Cover छिपाना

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- 42. **Inherent** (adjective) Intrinsic, Natural, Innate, Fundamental, Built-in निहित
- 43. **Anchor** (verb) Secure, Fasten, Mooring, Stabilize, Fix स्थिर करना
- 44. **In tatters** (phrase) badly damaged or completely spoiled बुरी तरह क्षतिग्रस्त होना
- 45. **Springboard** (noun) a thing that lends impetus or assistance to a particular action, enterprise, or development.

- 46. **Stakeholder** (noun) Contributor, Shareholder, Participant, Investor, Interested party हितधारक
- 47. **Ally** (noun) Partner, Associate, Confidant, Supporter, Collaborator सहयोगी
- 48. **Proxy** (noun) Representative, Substitute, Delegate, Agent, Stand-in प्रतिनिधि

The Hindu Editorial: Smaller citizens 20 Jan 2024

- Enrollment (noun) Registration, admission, entry, signing up, induction पंजीकरण
- 2. **Import** (noun) Significance, meaning, importance, consequence, implication ਸਨ੍ਕ
- 3. **Come to light** (phrase) Become known, be revealed, emerge, come out, surface सामने आना
- 4. **Assess** (verb) Evaluate, judge, appraise, analyze, rate आंकना
- Finding (noun) Discovery, conclusion, result, outcome, determination निष्कर्ष
- 6. **Opt** (verb) Choose, select, decide, pick, elect चुनना
- Vocational (adjective) Professional, technical, skill-based, career, occupational व्यावसायिक
- Nationwide (adjective) Countrywide, national, coast-to-coast, state-wide, extensive राष्ट्रव्यापी
- 9. **Go up** (phrasal verb) Increase, rise, climb, escalate, grow बढ़ना
- 10. **Lag** (noun) Delay, gap, interval, time lag, slowness पिछड़ना
- 11. **Inkling** (noun) Hint, indication, clue, idea, suggestion संकेत

- 12. **Ail** (verb) Trouble, afflict, bother, distress, pain परेशान करना
- 13. **Corrective measure** (noun) Remediation, rectification, reform, amendment, correction सुधारात्मक उपाय
- 14. **Universal** (adjective) General, widespread, common, global, ubiquitous सार्वभौमिक
- 15. **Literacy** (noun) The ability to read and write, education, learning, knowledge साक्षरता
- 16. **Numeracy** (noun) The ability to understand and work with numbers, arithmetic, calculation skills, mathematical ability अंकगणितीय कौशल
- 17. **Push** (noun) Effort, drive, initiative, campaign, movement प्रयास
- 18. **Diverse** (adjective) Varied, different, diverse, assorted, heterogeneous विविध
- 19. **Vast** (adjective) Huge, enormous, immense, extensive, massive विशाल
- 20. **Catch up to do** (phrase) To reach the same standard or level, make up for lost time, close the gap पकड़ना होगा
- 21. **Rosy** (adjective) Optimistic, hopeful, bright, positive, promising आशावादी

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- 22. **Cope with** (phrasal verb) Deal with, manage, handle, face, confront सामना करना
- 23. **Ambitious** (adjective) Aspiring, driven, determined, enterprising, bold महत्वाकांक्षी
- 24. **Curriculum** (noun) Course of study, educational program, syllabus, curriculum vitae, program पाठ्यक्रम
- 25. **Spirit of the law** (noun) The intention or objective of a law, essence, underlying purpose, principle

Indian Express Editorial: Mumbai Trans Harbour Link 16 Jan 2024

- Prosperity (noun) Wealth, affluence, richness, well-being, abundance समृद्धि
- 2. **Commuter** (noun) Traveler, passenger, daily traveler, regular traveler, routine traveler यात्री
- 3. **Merely** (adverb) Simply, just, only, purely, solely केवल
- Decongest (verb) to ease crowding or clogging in (an area) भीड़ कम करना
- 5. **Woes** (noun) Troubles, problems, difficulties, distresses, sorrows मुसीबतों
- 6. **Akin** (to) (preposition) Similar to, related to, akin to, comparable to, akin to के समान
- Miss the forest for the trees (phrase) –
 Overlook the overall situation because
 of a focus on small details; fail to see
 the big picture due to attention to
 minutiae समग्र स्थिति को अनदेखा करना
- 8. **Indeed** (adverb) Actually, really, in fact, truly, certainly वास्तव में
- 9. **Bid** (noun) Attempt, effort, try, endeavor, undertaking प्रयास
- 10. **Infrastructure** (noun) Basic facilities, basic services, public services, essential services, utilities आधारभूत संरचना
- 11. **Glimpse** (noun) Brief view, quick look, peek, glance, sight झलक

- 12. **Decade** (noun) Period of ten years বংশক
- 13. **Carry out** (phrasal verb) Execute, perform, accomplish, complete, conduct पूरा करना
- 14. **Pave the way for** (phrase) Prepare for, lead to, open the way for, set the stage for, facilitate मार्ग प्रशस्त करना
- 15. **Potential** (noun) Possibility, capability, capacity, potentiality, सामर्थ्य
- 16. **In the wake of** (phrase) Following, as a result of, in the aftermath of, after, subsequent to के परिणामस्वरूप
- 17. **Falter** (verb) Stumble, hesitate, waver, falter, be unsteady ল**র**ख**়া**না
- 18. **Twin-balance sheet problem** (noun) A situation where both the banking sector and the corporate sector are under financial stress जहां बैंकिंग क्षेत्र और कॉपॅरिट क्षेत्र दोनों वित्तीय तनाव में हों
- 19. **Over-leveraged** (adjective) Having taken on too much debt, excessively indebted, overly borrowed अत्यधिक ऋणग्रस्त
- 20. **Weigh down** (phrasal verb) Burden, oppress, overload, encumber, weigh heavily on बोझ डालना

- 21. Non-performing asset (NPA) (noun) A loan or advance for which the principal or interest payment remained overdue for a period of 90 days
- 22. **Drag down** (phrasal verb) Hinder, slow down, impede, hold back, retard खींचना नीचे
- 23. **As things stand** (phrase) As it is, currently, presently, at this moment, as of now जैसे हालात हैं
- 24. **Nurse back to health** (phrase) Restore to health, rehabilitate, recuperate, heal, mend स्वास्थ्य में सुधार करना
- 25. **In the meantime** (phrase) Meanwhile, in the interim, during this time, in the meanwhile, until then इस बीच
- 26. **Capital expenditure** (noun) Investment in physical assets, funds used by a company to acquire or upgrade physical assets such as equipment, property, or industrial buildings पूंजीगत व्यय
- 27. **Metric** (noun) Measurement, standard, criterion, gauge, parameter मापदंड
- 28. **Pace** (noun) Speed, rate, tempo, velocity, rhythm गति

- 29. **Be it** (phrase) Whether it is, regardless of whether, no matter if, even if चाहे वह हो
- 30. **Paramount** (adjective) Supreme, foremost, primary, dominant, preeminent सर्वोपरि
- 31. **Disenchantment** (noun) Disillusionment, disappointment, dissatisfaction, disaffection, discontent मोहभंग
- 32. **Leverage** (verb) Utilize, exploit, use, capitalize on, take advantage of **ला**भ ਤਰਾਗਾ
- 33. **Vibrant** (adjective) Lively, energetic, dynamic, vivacious, spirited जीवंत
- 34. **Enhancement** (noun) Improvement, increase, augmentation, boost, amplification सुधार
- 35. **Government spending** (noun) money spent by the public sector on the acquisition of goods and provision of services such as education, healthcare, infrastructure etc. सरकारी खर्च
- 36. **Sustained** (adjective) Continued, ongoing, prolonged, persistent, steady निरंतर
- 37. **Step in** (phrasal verb) Intervene, get involved, intercede, act, take action हस्तक्षेप करना

The Hindu Editorial: Historic hearing 18 Jan 2024

- Hearing (noun) Session, tribunal, inquiry, review, examination सुनवाई
- Provisional (adjective) Temporary, interim, conditional, tentative, provisional अस्थायी
- Cast shadow on (phrase) to spoil a good situation with something unpleasant असर डालना
- Legitimacy (noun) Validity, lawfulness, authenticity, legality, rightfulness वैधता; औचित्यपूर्णता
- 5. **Garner** (verb) Accumulate, collect, gather, amass, assemble **इ**কट্ठा কংলা
- 6. **Proceeding** (noun) Action, litigation, procedure, conduct, transaction कार्यवाही
- 7. **Elite** (adjective) Superior, premier, select, exclusive, distinguished उत्कृष्ट
- 8. **Forum** (noun) Platform, stage, setting, arena, venue मंच
- 9. **Assemble** (verb) Gather, convene, congregate, muster, rally एकत्रित करना
- 10. **Ad hoc** (noun) Temporary, for this, improvised, makeshift, provisional अस्थायी
- 11. **Wipe out** (phrasal verb) Eradicate, eliminate, exterminate, annihilate, obliterate मिटा देना

- 12. **Apartheid** (noun) Segregation, discrimination, separatism, racism, prejudice जातिवाद
- 13. **Firm** (adjective) unyielding, hard, resolute, stable, strong हढ़
- 14. **Accuse** (of) (verb) Charge, indict, impeach, incriminate, arraign आरोप लगाना
- 15. **Genocide** (noun) Massacre, annihilation, extermination, slaughter, holocaust नरसंहार
- 16. **Seek** (verb) call for, solicit on, demand, ask for, मांगना
- 17. **The sort of** (phrase) The kind of, the type of, such as, in the manner of, similar to इस प्रकार का
- 18. **Holocaust** (noun) Catastrophe, massacre, genocide, devastation, disaster संहार/ विध्वंस
- 19. **Isolation** (noun) Segregation, separation, quarantine, solitude, seclusion पृथक्करण/ अलग रखना
- 20. **Boycott** (verb) Shun, avoid, abstain from, eschew, reject बहिष्कार करना
- 21. **Ally** (noun) Partner, confederate, supporter, colleague, associate सहयोगी
- 22. **Ceasefire** (noun) Truce, armistice, suspension, halt, moratorium युद्धविराम

- 23. **Suffering** (noun) Pain, distress, hardship, misery, agony पीड़ा
- 24. **Seek** (verb) Attempt, try, endeavor, aim, aspire प्रयास करना
- 25. **Demonstrate** (verb) Show, reveal, exhibit, display, manifest प्रदर्शित करना
- 26. **Terms** (noun) Conditions, stipulations, provisions, clauses, prerequisites शर्ते
- 27. **Genocidal** (adjective) Destructive, annihilative, murderous, lethal, deadly नरसंहारक
- 28. **Intent** (noun) Intention, purpose, aim, objective, plan इरादा
- 29. **Rely** (on) (verb) Depend on, count on, bank on, trust, lean on निर्भर करना
- 30. **Destruction** (noun) Demolition, ruin, devastation, wreck, obliteration विनाश
- 31. **Collapse** (noun) Breakdown, failure, disintegration, fall, ruin ਧਰਜ
- 32. **Infrastructure** (noun) Framework, base, structure, system, network ब्नियादी संरचना
- 33. **Draw on/upon** (phrasal verb) Utilize, employ, use, harness, exploit इस्तेमाल करना
- 34. **Attribute** (to) (verb) Ascribe, assign, credit, impute, refer जिम्मेदार ठहराना

- 35. **Underscore** (verb) Emphasize, highlight, underline, stress, accentuate जोर देना
- 36. **Legitimate** (adjective) Legal, lawful, rightful, authorized, valid वैध
- 37. **Play down** (phrasal verb) Understate, minimize, trivialize, diminish, downplay कम महत्व देना
- 38. **Relevance** (noun) Pertinence, applicability, importance, significance, connection प्रासंगिकता
- 39. **Mere** (adjective) Only, just, sheer, simple, pure केवल
- 40. **Rhetoric** (noun) a way of speaking or writing that is intended to impress or influence people but is not always sincere लफ्फाजी, बयानबाजी
- 41. **Casualty** (noun) Victim, fatality, loss, injury, martyr हताहत
- 42. **Shield** (noun) Protector, guard, defense, buffer, screen ढাल
- 43. **Straightforward** (adjective) Simple, easy, uncomplicated, direct, clear सरल, स्पष्ट
- 44. **Abide by** (phrasal verb) Comply with, adhere to, conform to, follow, obey ঘানেল কংলা

Indian Express Editorial: Express View on Delhi's pollution crisis 17 Jan 2024

- Dreary (adjective) dull, rainy, or frigid cold snowy weather. कड़ाके की; निर्जन
- 2. **In the run-up to** (phrase) In the period before, leading up to, preceding, prior to, before, उस समय से पहले
- 3. **Stubble** (noun) Remnants of crops, short stalks, crop residue, cut stalks, post-harvest residue, पराली
- 4. **Peak** (noun) Summit, apex, pinnacle, top, zenith, चरम
- 5. **Elude** (verb) Evade, avoid, dodge, escape, sidestep, बचना; बच निकलना
- 6. **Road rationing** (noun) Traffic control, vehicle limitation, travel restriction, conveyance regulation, transportation management, यातायात नियंत्रण
- Directive (noun) Order, instruction, command, mandate, guideline, निर्देश
- 8. **Register** (verb) Record, log, note, enter, enroll, दर्ज करना
- 9. **Monitor** (verb) Observe, surveil, watch, oversee, supervise, निगरानी करना
- 10. **Set up** (phrasal verb) Establish, create, found, initiate, launch, स्थापित करना

- 11. **Resort to** (phrasal verb) Turn to, use, employ, utilize, rely on, का सहारा लेंना
- 12. **Considerable** (adjective) Significant, substantial, sizeable, major, noteworthy, महत्वपूर्ण
- 13. **Variable** (noun) Factor, element, component, parameter, aspect, ঘ**ে**ক
- 14. **Enabler** (noun) Facilitator, supporter, helper, assistant, promoter, सहायक
- 15. **Facilitate** (verb) Enable, assist, ease, simplify, make easier, सुविधाजनक बनाना
- 16. **Mandate** (to) (verb) Order, require, command, direct, instruct, आदेश देना
- 17. **Come into play** (phrase) Become relevant, be used, be applied, be operative, take effect, प्रयोग में आना
- 18. **At times** (phrase) Occasionally, sometimes, now and then, intermittently, from time to time, কभी-
- 19. **Take stock of** (phrase) Assess, evaluate, review, analyze, appraise, मूल्यांकन करना
- 20. **For instance** (phrase) For example, as an example, to illustrate, such as, namely, उदाहरण के लिए

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- 21. **Synergy** (noun) Collaboration, cooperation, combined effort, teamwork, alliance, सहयोग
- 22. **Neighbourhood** (noun) Area, locality, community, vicinity, region, पड़ोस
- 23. **Emission** (noun) Discharge, release, expulsion, effusion, outflow, उत्सर्जन
- 24. **Outfit** (noun) Organization, group, team, unit, company, संगठन

- 25. **Goalpost** (noun) Target, objective, aim, end, goal, लक्ष्य
- 26. **Incremental** (adjective) Gradual, progressive, step-by-step, phased, accumulative, क्रमिक
- 27. **Curb** (verb) Restrain, control, limit, check, reduce, नियंत्रित करना
- 28. **Omission** (noun) Neglect, exclusion, oversight, disregard, lapse, चूक